

Swing Low

Count: 32

Wall: 4

Level: Intermediate

Choreographer: Kim Ray (UK) - December 2016

Music: Swing Low - Hal Ketchum

NO TAGS OR RESTARTS

#16 count intro

S1: FORWARD, REVERSE COASTER STEP, COASTER STEP, FULL TURN RIGHT, NC BASIC LEFT

- 1 Step forward on right
- 2&3 Step forward on left, step right next to left, large step back on left dragging right next to left
- 4&5 Step back on right, step left next to right, step forward on right
- 6& On the spot make a full turn right stepping left, right
- 7-8& Large step to left to left side, rock back on right, recover on left (12:00)

S2: SIDE, BEHIND, SIDE, PRISSY WALK FORWARD x 2, STEP PIVOT 1/2 TURN RIGHT, 1/2 TURN RIGHT, 1/4 TURN RIGHT, CROSS, SIDE ROCK/RECOVER, CROSS

- 1-2& Large step to right to right side, cross left behind right, step right to right side
- 3-4 Cross left over right, cross right over left (prissy walks moving forward)
- 5&6 Step forward on left, pivot 1/2 turn right, 1/2 turn right stepping back on left (12:00)
- &7 1/4 turn right stepping right to right side, cross left over right (3:00)
- &8& Rock right to right side, recover on left, cross right over left

S3: SIDE, BACK ROCK/RECOVER, 1/4 TURN RIGHT, 1/4 TURN LEFT SIDE ROCK/RECOVER, CROSS, ROCK 1/4 TURN RIGHT, STEP FORWARD, 1/2 PIVOT TURN LEFT

- 1-2& Large step left to left side, rock back on right making 1/4 turn right, recover on left (6:00)
- 3&4 1/4 turn left and rock right to right side, recover on left, cross right over left (3:00)
- 5& Rock left to left side, recover 1/4 turn right on right (6:00)
- 6 Step forward on left
- 7-8 Step forward on right, pivot 1/2 turn left (weight forward on left) (12:00)

S4: FULL TURN RIGHT, SWEEP, BEHIND, SIDE, CROSS ROCK/RECOVER, & STEP, STEP PIVOT 1/2 TURN LEFT, 3/4 TURN LEFT

- &1 1/2 turn right taking weight on right, 1/2 turn right stepping back on left sweeping right out and back (12:00)
- 2&3 Cross right behind, step left to left side, cross rock right over left
- 4&5 Recover back on left, step right next to left, step forward on left
- 6-7 Step forward on right, 1/2 pivot turn left (6:00)
- 8& On the spot make a 3/4 turn left stepping right, left (9:00)

Contact: kim.ray1956@icloud.com