Moments We Live For

48 Count, 4 Wall, High Improver Level Line Dance

Choreographed by: Mathew Sinyard (UK) August 2023

Music: Moments We Live For – In Paradise

Intro: 16 Counts from heavy beat (approx. 16 seconds)

2 Restarts on walls 3 & 6.



Section 1 1 2 3 & 4 5 6 & 7 & 8	Side Rock, Recover, Behind Side Cross, Side Rock, Recover, Ball Point, Ball Point. Rock right foot side, recover on to left. Cross right behind left, step left to side, cross right in front of left. Rock left foot to side, recover on to right. Step ball of left beside right, point right foot to side, step ball of right beside left, point left foot to side.
Section 2 1 2 3 & 4	Back Rock, Recover, Shuffle ½, Touch Back, Unwind ½, Step Pivot ¼ Cross. Rock back on left, recover on to right. ¼ turn right stepping left to side, close right beside left, ¼ turn right stepping left back.
5 6 7 & 8	Touch right back, unwind $\frac{1}{2}$ turn right on to right. Step forward on left, pivot $\frac{1}{4}$ turn right, cross left in front of right.
Section 3 1 2 & 3 4 & 5 6 7 & 8	Right Dorothy, Left Heel Tap (x2), Ball Rock Forward, Recover, Coaster Step. Step right foot to right diagonal, lock left behind right, step left right foot to right diagonal. Tap left heel forward to left diagonal twice. Step ball of left beside right, rock forward on right, recover on to left. Step back on right, step left beside right, step forward right.
Section 4 1 2 & 3 4 & 5 6 7 8	Left Dorothy, Right Heel Tap (x2), Ball Cross, Hinge ½ Turn Cross. Step left foot to left diagonal, lock right behind left, step left foot to left diagonal. Tap right heel forward to right diagonal twice. Step ball of right beside left, cross left in front of right, ¼ turn left stepping back on right, ¼ turn left stepping left to side, cross right in front of left.

** Restart here	on walls 3	& 6 with step	change – see	below **.

Section 5 1 2 3 & 4 5 6 7 & 8	Side Rock, Recover, Sailor Step, Cross Side Sailor 1/4. Rock left foot to side, recover on to right. Cross left behind right, step right to side, step left to side. Cross right in front of left, step left foot to left side. Cross right behind left, ¼ turn right stepping left to side, step right to side.
Section 6 1 2 3 & 4	Rock Forward, Recover, Shuffle ½, Step Pivot ½, Step Pivot 1/4. Rock forward on left, recover on to right. ¼ turn left stepping left to side, close right beside left, ¼ turn left stepping forward left.
5 6 7 8	Step forward on right, pivot ½ turn left. Step forward on right, pivot ¼ turn left.

Restarts: - On walls 3 & 6 dance up to count 31 & hold for count 32 (no cross step) then restart. Ending: On Wall 8 – dance up to the end of section 2 and unwind to 12:00.

Have Fun & Enjoy x. 😊









