# **EMERGENCY**

Choreographed by Frank Trace 32 count, 4 wall High Beginner Line Dance Music: "Emergency' by Icona Pop (126 bpm)

Available on itunes and amazon.com

Intro: 16 counts to start on vocals



## SIDE, TOGETHER, TRIPLE SIDE, ROCK BACK, RECOVER, TRIPLE SIDE

- 1-2 Step R to right side, step L next to R
- 3&4 Triple side right, stepping R, L, R
- 5-6 Rock back on L, recover onto R
- 7&8 Triple left, stepping L, R, L

## CROSS ROCK, RECOVER, TRIPLE 1/4 TURN RIGHTM ROCK, COASTER

- 1-2 Cross rock R over L, recover onto L
- 3&4 Triple ¼ turn R, stepping R, L, R (3:00)
- 5-6 Rock forward on L, recover onto R
- 7&8 Coaster Step; stepping back on L, step R next to L, step L forward

## STEP TOUCHES RIGHT & LEFT, STEP FORWARD RIGHT & LEFT, CIRCLE HIPS

- 1-4 Step R to right side, touch L next to R, step L to left side, touch R next to L
- 5-6 Step R forward, step L forward next to R
- 7&8 Circle hips counter-clockwise twice quick

#### SHUFFLE STEPS MOVING IN A CIRCLE CLOCKWISE

- 1&2 Shuffle forward stepping R, L, R (curving ¼ right) (6:00)
- 3&4 Shuffle forward stepping L, R, L (curving ¼ right) (9:00)
- 5&6 Shuffle forward stepping R, L, R (curving ¼ right) (12:00)
- 7&8 Shuffle forward stepping L, R, L (curving ¼ right) (3:00)

**Note:** When doing these steps, imagine that there is a "Hula Hoop" on the floor behind you. Do shuffle steps forward going in a circle around the "Hula Hoop".

#### START OVER AND SMILE