

# Baggage Free

32 Count 4 Wall Beginner Level Line Dance

Choreographed to: Pauline Brown's Baggage Free!

Single By Pauline Brown & John Johnston, intro 16 counts.

Choreographer Micaela Svensson Erlandsson , Swe, November 2018

## **Section 1      Rock Step. Back Shuffle. Back Rock. Forward Shuffle.**

- 1-2      Rock forward on right foot. Recover onto left foot.
- 3&4      Step back on right. Close left beside right. Step back on right.
- 5-6      Rock back on left foot. Recover onto right foot.
- 7&8      Step forward on left. Close right beside left. Step forward on left.

## **Section 2      Heel. ¼ Turn left. Heel. Heel. ¼ Turn left. Heel. Step. ½ Turn left. Step. ½ Turn left.**

- 1&      Touch right heel forward. Step right in place.
- 2&      Turn ¼ left and touch left heel forward. Step left foot in place.
- 3&      Touch right heel forward. Step right in place.
- 4&      Turn ¼ left and touch left heel forward. Step left foot in place.
- 5-8      Step forward on right. Turn ½ left. Step forward on right. Turn ½ left.

**Easy option:** Replace counts 5-8 of Section 2 with Right Rocking Chair.

**Restart here:** During wall 4 facing 3 O'clock & Wall 7 Facing 3 O'clock

## **Section 3      Kick. Kick. Coaster Step. Rock Step. Shuffle ½ turn over the left shoulder.**

- 1-2      Kick right foot forward. Kick right foot to the right side.
- 3&4      Step back on right. Step left beside right. Step forward on right.
- 5-6      Rock forward on left foot. Recover onto right foot.
- 7&8      Shuffle ½ turn over the left shoulder stepping left, right, left.

## **Section 4      Heel Grind ¼ Turn right. Coaster Step. Skate. Skate. Forward Shuffle.**

- 1-2      With weight on right heel, fan toes from left to right turning ¼ right. Recover onto left.
- 3&4      Step back on right. Step left beside right. Step forward on right.
- 5-6      Slide diagonally forward on your left foot. Slide diagonally forward on your right foot.
- 7&8      Step forward on left. Close right beside left. Step forward on left.

**Restarts:** On Wall 4 & 7 Facing 3 O'clock (after Section 2)

**Ending:** As the music ends (after section 2) Turn ½ left to finish facing the front wall