

I'm Ready To Run

64 COUNT 2 WALL IMPROVER

Choreographed By: Caroline Cooper & Ann-Kristin Sandberg July-19

Music: "Ready to run" By The Luck (3,41) I-Tunes

Start on main vocals

- SECTION 1 OUT, OUT, COASTER STEP, WALK X 2, SHUFFLE**
1-2 Step R out to R diagonal, step L out to L diagonal
3&4 Step R foot back, step L foot back, step R foot forward
5-6 Walk forward L & R
7&8 Step forward L, step R next to L, step forward L (12)
- SECTION 2 STEP 1/4, CROSS SHUFFLE, ¼ ¼ CROSS SHUFFLE**
1-2 Step forward R, ¼ pivot turn L (weight L)
3&4 Cross R over L, step L to L side, cross R over L
5-6 ¼ turn R stepping back on L, ¼ turn R stepping R to R side
7&8 Cross L over R, step R to R side, cross L over R (3)
- SECTION 3 SIDE, TOUCH, KICK & CROSS, SIDE RECOVER, CHASSE**
1-2 Step R to R side, Touch L next to R
3&4 Kick L foot forward, Step L next to R, Cross R over L
5-6 Step L to L side, Recover onto R
7&8 Step L to L side, Step R next to L, Step L to L side (3)
- SECTION 4 CROSS, BACK, BACK, CROSS, BACK TOUCH, SHUFFLE**
1-2 Cross R over L, Step L back
3-4 Step R back, Cross L over R
5-6 Step R back, Touch L next to R
7&8 Step L forward, Step R next to L, Step L forward (3)
- SECTION 5 STOMP, HOLD, BEHIND SIDE CROSS, ¼ MONTERAY**
1-2 Stomp R to R side, hold
3&4 Cross L behind R, step R to R side, cross L over R
5-6 Point R to R side, ¼ turn R stepping R next to L
7-8 Point L to L side, close L next to R (6)
- SECTION 6 STOMP, HOLD, BEHIND SIDE CROSS, ½ MONTERAY**
1-2 Stomp R to R side, hold
3&4 Cross L behind R, step R to R side, cross L over R
5-6 Point R to R side, ½ turn R stepping R next to L
7-8 Point L to L side, close L next to R (12)
- SECTION 7 ROCK RECOVER, ½ TURN R INTO SHUFFLE, ROCK RECOVER, COASTER STEP**
1-2 Step R forward, Recover onto L
3&4 ½ turn R stepping R forward, Step L next to R, Step R forward (6)
5-6 Step L forward, Recover onto R

7&8 Step L back, Step R next to L, Step L forward (6)

SECTION 8 STEP, TOGETHER, STEP, TOUCH, STEP, TOGETHER, STEP, TOUCH

1-2 Step R diagonal forward to R, Step L next to R

3-4 Step R diagonal forward to R, Touch L next to R (clap on count 4)

5-6 Step L diagonal forward to L, Step R next to L

7-8 Step L diagonal forward to L, Touch R next to L (clap on count 8) (6)

RESTART ON WALL 6 AFTER 8 COUNTS F 06

HAPPY DANCING!

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