

# Set Your Spirit Free

Count: 32

Wall: 4

Level: Improver

Choreographer: Malene Jakobsen, (June 2008)

Music: Angel eyes by Tamara Walker from the album Wings of a Dove, Vol. 2 – (96 BPM)

**Start : 32 counts from the beginning - 21 seconds into track, just before vocals**

**There is one easy restart on wall 8**

**(1-8) Step, point forward, point back, ½, shuffle ½, coaster step**

1-2 Step forward on R, point L toes forward  
3-4 Point L toes back, on ball of R turn ½ L – moving weight to L 06.00  
5&6 Make ¼ turn L stepping R to R side, close L beside R, make ¼ L stepping back on R 12.00  
7&8 Step back L, step R next to L, step forward on L

**(9-16) Ball, step, point forward, point back, ½, shuffle ½, coaster step**

& Step R next to L  
1-2 Step forward on L, point R toes forward  
3-4 Point R toes back, on ball of L turn ½ R – moving weight to R 06.00  
5&6 Make ¼ turn R stepping L to L side, close R beside L, make ¼ R stepping back on L 12.00  
7&8 Step back on R, step L next to R, step forward on R

**(17-24) Sways, shuffle ¼, ¼, sways, chasse**

1-2 Step L slightly to L side swaying L, then R  
3&4 Turn ¼ L stepping forward on L, step R next L, step forward on L 09.00

**NOTE: Restart here on wall 8, you'll be facing the back wall**

5-6 Turn ¼ L stepping R to R side swaying R, then L 06.00  
7&8 Step R to R side, step L next to R, step R to R side

**(25-32) Back rock, ¼, ½, rocking chair**

1&2 Rock back on L, recover onto R, turn ¼ R stepping back on L 09.00  
3-4 Turn ½ R stepping forward on R, step forward on L 03.00  
5-6 Rock forward on R, recover onto L  
7-8 Rock back on R, recover onto L

**NOTE: When making the rocking chair, sway your hips**