

# Stand By You

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**Count:** 60

**Wall:** 4

**Level:** Intermediate

**Choreographer:** Nathan Gardiner (SCO) - February 2016

**Music:** Stand By You - Rachel Platten

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## Intro: 16 counts

### **S1: Basic R, Basic L, Walk Back R & L With Sweeps, Rock Back, Recover**

1-2& Step R to R side, Rock back on L, Recover on R  
3-4& Step L to L side, Rock back on R, Recover on L  
5-6 Step back on R sweeping L from front to back, Step back on L sweeping R from front to back  
7-8 Rock back on R, Recover on L

### **S2: R Rumba Box, Rock Back, Recover, Step ¼ L Cross**

1&2 Step R to R side, Step L next to R, Step forward on R  
3&4 Step L to L side, Step R next to L, Step back on L  
5-6 Rock back on R, Recover on L  
7&8 Step forward on R, ¼ L, Cross R over L

### **S3: ¼ RX2, Cross Shuffle, Sway R, Sway L, Sway R, Sway L**

1-2 ¼ R stepping back on L, ¼ R stepping R to R side  
3&4 Cross L over R, Step R to R side, Cross L over R  
5-6 Step R to R side swaying hips to R side, Sway hips to L side  
7-8 Sway hips to R side, Sway hips to L side

### **S4: Behind, Side, Cross, Side L, Together, Forward, Rocking Chair**

1&2 Step R behind L, Step L to L side, Cross R over L  
3&4 Step L to L side, Step R next to L, Step forward on L  
5-6 Rock forward on R, Recover on L  
7-8 Rock back on R, Recover on L

### **S5: Step ¼ L, Cross Shuffle, Side L, Behind, Side, Cross, Side L, Together**

1-2 Step forward on R, ¼ L  
3&4 Cross R over L, Step L to L side, Cross R over L  
5-6 Step L to L side, Step R behind L  
&7&8 Step L to L side, Cross R over L, Step L to L side, Step R next to L

### **S6: Side Rock, Recover, Behind, Side, Cross, Side Rock, Recover, Behind, ¼ L, Side R**

1-2 Rock out to L side, Recover on R  
3&4 Step L behind R, Step R to R side, Cross L over R  
5-6 Rock out to R side, Recover on L  
7&8 Step R behind L, ¼ L stepping forward on L, Step R to R side

### **S7: Rock Back, Recover, Kick Ball Cross, ¼ RX2, Cross Rock, Recover**

1-2 Rock back on L, Recover on R  
3&4 Kick L to L diagonal, Step L next to R, Cross R over L  
5-6 ¼ R stepping back on L, ¼ R stepping R to R side  
7-8 Cross rock L over R, Recover on R

### **S8: Chasse L, Rock Back, Recover**

1&2 Step L to L side, Step R next to L, Step L to L side  
3-4 Rock back on R, Recover on L

**Restart 1 & 2: On walls 2 & 4 dance 48 counts instead of stepping to R side, Touch R next to L**

**Restart 3: On wall 5 dance 56 change Cross Rock, Recover to Cross Shuffle then Restart the dance**

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