

# Country & High Heels

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Count: 32

Wall: 4

Level: Improver

Choreographer: Francien Sittrop (NL) - December 2015

Music: Cam – Country Ain't Never Been Pretty. Album: Untamed 2015

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**Intro: Start after 16 counts from the beginning**

**[1 – 8] Cross Rock , Recover, Side Shuffle, Cross, Side , Sailorstep ¼ L**

1 – 2 Rock R across L, Recover on L

3 & 4 Step R to R side, Step L next to R, Step R to R side

5 – 6 Step L across R, Step R to R side

7 & 8 Sweep L behind R with ¼ Turn L and step L back, Step R next to L, Step L fwd (09.00)

**[9-16] Jump (travelling fwd) Out Out Clap x2 Hip bumps x2**

&1-2 Jump fwd with R out, L out, Clap

&3-4 Jump fwd with R out , L out, Clap

5 & 6 Bump hips R,L,R

7 & 8 Bump hips L,R,L \*\*R\*\*

**[17-23] Rock fwd, Recover, Shuffle ½ R, Step fwd, ½ L step Back, Coaster step**

1 – 2 Rock R fwd, Recover on L

3 & 4 Step R ¼ Turn R, Step L next to R, ¼ Turn Step R fwd (03.00)

5 – 6 Step L fwd, ½ Turn L step R back (09.00)

7 & 8 Step L back, Step R next to L, Step L fwd

**[24-32] Rocking Chair, Vine L**

1 – 2 Rock R fwd, Recover on L

3 – 4 Rock R back , Recover on L

5 – 6 Step R across L, Step L to L side

7 – 8 Step R behind L, Step L to L side

**Start again**

**Restarts : \*\*R\*\***

**During wall 5, 8, 11 after count 16. Start again with count 1**

**Ending: Last wall ends on the 3 O'clock wall**

**Dance until count 14 then make ¼ Turn L to face the front wall again**

**Website: [www.franciensittrop.nl](http://www.franciensittrop.nl)**