Four Minutes

Count: 64   **Wall:** 2   **Level:** Improver

Choreographer: Hayley Wheatley (UK) & Gregory Danvoie (BEL) - March 2020

Music: Four Minutes - Chad Cooke Band

S1. Side step, Behind, Shuffle forward with ¼ turn, Step forward, Pivot ½ turn, Shuffle back with ½ turn
1-2	RF step to the side, LF cross behind RF
3&4	RF shuffle forward with ¼ turn to the R
5-6	LF step forward, pivot ½ turn to the R
7&8	LF shuffle back with ½ turn to the R

S2. Step back X2, Coaster cross, Side rock, recover, Cross shuffle
1-2	RF step back, LF step back
3&4	RF coaster cross
5-6	LF side rock, recover
7&8	LF cross shuffle

S3. 8 figure
1-2	RF step to the side, LF cross behind RF
3-4	RF step forward with ¼ turn to the R, LF step forward
5-6	Pivot ½ turn to the R, LF step to the side with ¼ turn the R
7-8	RF cross behind LF, LF step to the side

S4. Cross rock, recover, side chasse, Cross rock, Recover, Shuffle with ¼ turn
1-2	RF cross rock, recover
3&4	RF side chasse
5-6	LF cross rock, recover
7&8	LF side chasse with ¼ turn to the L

S5. Step forward, Touch, Shuffle ½ turn X2, Sway with ¼ turn, Recover
1-2	RF step forward, LF touch next to RF
3&4	LF shuffle forward with ½ turn to the L
5&6	RF shuffle back with ½ turn to the L
7-8	LF sway to the L with ¼ turn to the L, recover

S6. Weave with ¼ turn, Cross, Step back with ¼ turn, Side chasse
1-2	LF cross in front of RF, RF step to the side
3-4	LF cross behind RF, RF step forward with ¼ turn to the R
5-6	LF cross in front of RF, RF step back with ¼ turn to the L
7&8	LF side chasse

S7. Rock forward, recover, Step back, Together, Shuffle forward, Step forward, Pivot ½ turn
1-2	RF rock forward, recover
3-4	RF step back, LF step next to RF
5&6	RF shuffle forward
7-8	LF step forward, pivot ½ turn to the R

S8. Step forward, Pivot ¼ turn, Cross rock, Recover, Side rock, Recover, Behind, Side, Cross
1-2	LF step forward, pivot ¼ turn to the R
3-4	LF cross rock, recover
5-6	LF side rock, recover
7&8	LF cross behind RF, RF step to the side, LF cross in front of RF

TAG :
1-2	RF side rock, recover
3-4	RF back rock, recover

At wall 2 and 6 after the 2nd section : TAG & RESTART the dance
At wall 4 after the 6th section : TAG & RESTART the dance