

# Boyz & Girlz Be Rockin

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**Count:** 32

**Wall:** 4

**Level:** Beginner

**Choreographer:** Ole Jacobson feat. Nina K (July 2018)

**Music:** Southern Boyz & Girlz Be Rockin by Clyde Avant & Frank Smith feat. Wendy

Moten

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## **Heel, together, step, stomp, stomp down, hold**

1-2 RHeel forward - place the RF next to the LF  
3-4 LHeel forward - place the LF next to the RF  
5-6 RF big step forward - stomp LF next to RF  
7-8 LF stomp next to RF - Hold

## **Step-lock-step-step-lock-step, rock, recover**

1-2 RF step forward - cross LF behind RF  
3-4 RF step forward - LF step forward  
5-6 Cross RF behind LF - LF step forward  
7-8 RF step forward - weight back on LF

## **Toe strut back turning 1/2 R, toe strut forward turning 1/2 R, coaster step, stomp**

1-2 RF put on toe behind - 1/2 R- Turn, RF set up  
3-4 LF put on toe forward - 1/2 R- Turn, LF set up  
5-6 RF step backwards - LF next to RF  
7-8 RF step forward - LF stomping forward

## **1/2 monterey turn R, jazz box, step**

1-2 RF touch R - 1/4 R-Turn and RF to LF  
3-4 LF touch L - LF next to RF  
5-6 RF cross over LF - LF step backwards  
7-8 RF step R - LF step forward

**... and from the beginning**