



Rebels Groove

(November 2023)

contact@adamastmar.se – Sweden



| | |
|------------------------|--|
| Information: | 32 Counts, 4 wall, Intermediate Cha Cha Cha. |
| Choreographers: | Hayley Wheatley (UK), Jo Kinser (UK), Jonas Dahlgren (SE), Adam Åstmar (SE). |
| Music: | "I Do What I Want" by Rebel Hearts Club (2:31) ~ 113 bpm. |
| Intro: | 16 counts from start of track, approx. 8 seconds. |
| Information: | <u>Dance starts facing 10'30!</u> There's 2 restarts and 1 tag. Restarts occur after 16 counts towards L diagonal on walls 2 facing 3'00 and 5 facing 9'00. Tag occurs after wall 7 facing 3'00. |

| Section | Steps & Explanations | End Facing |
|-----------------|---|------------|
| Sect – 1 | Step Fwd with Hip Push, 3/8 Turn L Side R, Tap L, Behind Side Cross, Side, Together Flick | |
| 1 – 2 | Step forward to L diagonal on RF, pushing R hip forward (1). Turn ½ L Stepping forward on LF (2). | 4'30 |
| 3 – 4 | Turn 1/8 L stepping to R on RF, bringing L shoulder slightly back (3). Tap LF to L diagonal (4). | 3'00 |
| 5 & 6 | Step LF behind RF (5). Step to R on RF (&). Cross LF over RF (6). | 3'00 |
| 7 – 8 | Step to R on RF (7). Close LF next to RF flicking RF to R and angling body to L diagonal. | 1'30 |
| Sect – 2 | R Toe Strut, L Samba, Rock Forward Recover, Back Together Clap Clap | |
| 1 – 2 | Touch RF forward (1). Drop R heel, placing weight on RF (2). | 1'30 |
| 3 & 4 | Cross LF over RF (3). Turn ¼ L rocking to R on RF (&). Recover on LF facing L diagonal (4). | 10'30 |
| 5 – 6 | Rock forward on RF (5). Recover on LF (6). | 10'30 |
| & 7 & 8 | Step back on RF (&). Close LF next to RF (7). Clap both hands twice beside R ear looking to your L (&, 8). | 10'30 |
| Note | * Restarts occur here towards L diagonal on wall 2 facing 3'00 and wall 5 facing 9'00. | |
| Sect – 3 | Turning 5/8 L Walk RL, R Lock Step, Walk LR, L Lock Step | |
| 1 – 2 | Step forward on RF (1). Turn 1/8 L step forward on LF (2). | 9'00 |
| 3 & 4 | Turn 1/8 L step forward on RF (3). Lock LF behind RF (&). Step forward on RF (4). | 7'30 |
| 5 – 6 | Turn 1/8 L step forward on LF (5). Turn 1/8 L step forward on RF (6). | 4'30 |
| 7 & 8 | Turn 1/8 L step forward on LF (7). Lock RF behind LF (&). Step forward on LF (8). | 3'00 |
| Sect – 4 | Time Step RL, R Dorothy Step, L Diagonal Lock Step | |
| 1 – 2 & | Step to R on RF (1). Close LF next to RF (2). Step RF in place (&). | 3'00 |
| 3 – 4 & | Step to L on LF (3). Close RF next to LF (4). Step LF in place (&). | 3'00 |
| 5 – 6 & | Step to R diagonal on RF (5). Lock LF behind RF (6). Step to R diagonal on RF (&). | 3'00 |
| 7 & 8 | Turn 1/8 L step forward on LF (7). Lock RF behind LF (&). Step forward on LF (8). | 1'30 |
| Tag | Repeat counts 1-3 from Sect – 1 (6:00) Add on counts '3&4' three shoulders shimmies, LF step next to RF (4) Body angled to (4:30) to start Sect – 1. | |
| Ending | After the Dorothy Steps in Sect – 4, Step forward on RF and Punch R Fist Up | |

Please do not change anything in this stepsheet. If you want to use this somewhere else, you need to make sure that it's in original form and nothing's missing, such as contact details etc.

Copyright © 2023 – Adam Åstmar. All rights reserved.