

Mamma (Mother)

32 count, 4 wall, Intermediate level, Night Club Two Step Choreographed January 2023 by Charles Alexander (Swe) **Music:** Mamma by Albin Lee Meldau CD: Så Mycket Bättre 2022 -Tolkningarna *(3.36 min)* **Intro:** 16 counts, approx. 14 sec – 68 bpm



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- 1 8 BACK ROCK, HITCH FULL TURN, JAZZ BOX, CROSS, BASIC, LUNGE, ¼ TURN, ½ TURN
- 1-2 Rock R back. Make a full turn left and recover onto L while hitching R.

(Easy option: Omit the full turn and just hitch R.)

- 3&4& Cross R over L. Step L back. Step R to side. Cross L over R.
- 5-6& Step R to side. Cross L slightly behind R. Cross R over L.
- 7-8& Lunge L to side. Recover onto R making 1/4 turn right. Make 1/2 turn right and step L back. [9:00]

9 – 16 COASTER STEP, OUT-OUT, RUN L-R, BACK w/SWEEP L-R, BEHIND-SIDE-CROSS-SIDE ¼ TURN ARC

- 1&2 Step R back. Step L beside R. Step R forward.
- 3&4& Step L forward and out. Step R forward and out. Step L back. Step R back.
- (Optional styling 3&: Step up on toes.)
- 5-6 Step L back sweeping R from front to back. Step R back sweeping L from front to back.
- 7&8& While turning 1/4 left in an arc: Cross L behind R. Step R to side. Cross L over R. Step R to side. [6:00]

17 – 24 CROSS w/SWEEP, CROSS-SIDE, BACK ROCK, RUN R-L w/KICK, BACK, 3/8 TURN, STEP, STEP, TURN ½

- 1-2& Cross L over right sweeping R from back to front. Cross R over L. Step L to side.
- 3-4 Open up to 7:30 and rock R back. Recover onto L.
- &5 Step R forward. Step L forward and kick R forward with straight leg. [7:30]
- 6&7 Step R back. Make 3/8 turn left and step L forward. Step R forward. [3:00]
- 8& Step L forward. Make 1/2 turn right taking weight on R. [9:00]

25 – 32 WALK L-R, STEP, ½ TURN, ½ TURN, COASTER STEP, STEP, ROCK-RECOVER

- 1-2 Step L forward. Step R forward.
- 3&4 Step L forward. Make 1/2 turn right taking weight on R. Make 1/2 turn right and step L back. [3:00]
- 5&6 Step R back. Step L beside R. Step R forward.
- 7-8& Step L forward. Rock R forward. Recover onto L.

Tag: After wall 2 (facing 6:00)

- 1-6 REVERSE ROCKING CHAIR
- 1-4 Rock R back. Recover onto L. Rock R forward. Recover onto L.