Chase The Tide

Count: 64 Wall: 2 Level: Intermediate

Choreographer: Hayley Wheatley (UK) & Nathan Gardiner (SCO) - October 2023

Music: I Feel It In The Wind - Smith & Thell

Intro: 16 counts

Rock Forward, Recover, Coaster Step, Rock Forward, Recover, Shuffle 3/4 L

1-2 Rock forward on R, Recover on L

3&4 Step back on R, Step L next to R, Step forward on R

5-6 Rock forward on L, Recover on R 7&8 Shuffle ¾ L stepping L, R, L (3:00)

Kick Ball Cross, Kick Ball Cross, Chasse R, Rock Back, Recover

1&2 Kick R to R diagonal, Step R next to L, Cross L over R
3&4 Kick R to R diagonal, Step R next to L, Cross L over R
5&6 Step R to R side, Step L next to R, Step R to R side

7-8 Rock back on L, Recover on R

Dorothy Steps L & R, Rock Forward, Recover, ½ L, ½ L

1-2& Step L to L diagonal, Lock R behind L, Step forward on L Step R to R diagonal, Lock L behind R, Step forward on R

5-6 Rock forward on L, Recover on R

7-8 ½ L stepping forward on L, ½ L stepping back on R (3:00)

1/4 L into Chasse L, Behind, Side L, Scuff, Cross, Step Back, Side R Step

3-4 Step R behind L, Step L to L side
5-6 Scuff R forward, Cross R over L
7-8 Step back on L, Step R to R side

Step Pivot ½ R, Step ¼ R, Touch, Side R, Touch, Kick Ball Cross

1-2 Step forward on L, Pivot ½ R (6:00)

5-6 Step R to R side, Touch L next to R

7&8 Kick L to L diagonal, Step L next to R, Cross R over L

Kick Ball Cross, Side Rock, Recover, Behind, 1/4 R, Step Pivot 1/2 R with knee pop

1&2 Kick L to L diagonal, Step L next to R, Cross R over L

3-4 Rock out to L side, Recover on R

5-6 Step L behind R, ¼ R stepping forward on R (12:00)

7-8 Step forward on L, Pivot ½ R (keeping weight on L popping R knee forward) (6:00)

Ball Step, Hold, Ball Step, Hold, Ball Step, Rock Forward, Recover, Step Back

&1-2
&3-4
&5
&5
&6-7
Step R next to L, Step forward on L, Hold
&5
&6-7
Step R next to L, Step forward on L
&6-7
Rock forward on R, Recover on L

8& Step back on R sweeping L from front to back

Behind, ¼ R, Step Pivot ¾ R, Chasse L, Rock Back, Recover

1-2 Step L behind R, ¼ R stepping forward on R (9:00)

3-4 Step forward on L, Pivot ³/₄ R (6:00)

5&6 Step L to L side, Step R next to L, Step L to L side

7-8 Rock back on R, Recover on L

Tag 1: End of wall 1 (Facing 6:00)

Step Forward, Sweep, Cross, Side R, Behind, Sweep, Behind, Side L

1-2 Step forward on R, Sweep L from back to front

3-4 Cross L over R, Step R to R side

5-6	Step L behind R, Sweep R from front to back
7-8	Step R behind L, Step L to L side

Step Forward, Rock Forward, Recover, ½ L, Step Pivot ½ L, Walk Forward R, L

1 Step forward on R

2-3 Rock forward on L, Recover on R
4 ½ turn L stepping forward on L
5-6 Step forward on R, Pivot ½ L

7-8 Step forward on R, Step forward on L

Tag 2: During wall 3, performed after 32 counts (Facing 12:00), Afterwards restart the dance again.

Step Forward, Sweep, Cross, Side L, Behind, Sweep, Behind, Side R

1-2 Step forward on L, Sweep R from back to front

3-4 Cross R over L, Step L to L side

5-6 Step R behind L, Sweep L from front to back

7-8 Step L behind R, Step R to R side

Step Forward, Rock Forward, Recover, ½ R, Step Pivot ½ R, L Lock Step

1 Step forward on L

2-3 Rock forward on R, Recover on L 4 ½ R stepping forward on R 5-6 Step forward on R, Pivot ½ R

7&8 Step forward on L, Lock R behind L, Step forward on L

Restart: On wall 6 after 28 counts (facing 12:00). Modify counts 29-32 to:

29-30 Cross Rock RF over L, Recover onto L

31-32 Side Rock RF to R side, Recover onto L, then restart the dance