

The Lowdown

Count: 60

Wall: 4

Level: Improver

Choreographer: Hayley Wheatley (UK) - August 2017

Music: Your Man - Josh Turner : (iTunes & amazon)

Count In: 36 Counts on the word "lights"

**** Dedicated to My Ava Rose who handpicked this 'favourite song' for me to choreograph to! ****

S1: SIDE STEP, TOGETHER, STEP BACK, ROCK BACK, RECOVER, SHUFFLE, STEP FORWARD

1-2-3	Step RF to R side, Close LF beside RF, Step back on RF	12:00
4-5	Rock back onto LF, Recover onto RF	12:00
6&7	Step Fwd onto LF, Close RF beside LF, Step fwd onto LF	12:00
8	Step fwd onto RF	12:00

S2: ROCK ¼ TURN, RECOVER, CROSS, SWEEP, CROSS, SWEEP, CROSS SHUFFLE

1-2	Rock out onto LF making ¼ turn R, Recover onto RF	3:00
3-4	Cross LF over RF, Sweep RF around back to front	3:00
5-6	Cross RF over LF, Sweep LF around back to front	3:00
7&8	Cross LF over RF, Step RF to R side, Cross LF over RF	3:00

S3: SIDE STEP, TOUCH, SHUFFLE ¼ TURN, SIDE STEP ¼ TURN, TOUCH, CHASSE

1-2	Step RF to R side, Touch LF beside RF	3:00
3&4	Step LF to L side making ¼ turn L, Close RF beside LF Step fwd on LF	12:00
5-6	Step RF to R side making ¼ turn L, Touch L toe beside RF	9:00
7&8	Step LF to L side, Close RF beside LF, Step LF to L side	9:00

S4: JAZZ BOX, ROCKING CHAIR

1-2	Cross RF over LF, Step back on LF	9:00
3-4	Step RF to R side, Step LF slightly fwd	9:00
5-6	Rock fwd onto RF, Recover onto LF	9:00
7-8	Rock back onto RF, Recover onto LF	9:00

S5: STEP FWD, PIVOT ½ TURN, SHUFFLE, HEEL, TOE, STEP, TAP BEHIND

1-2	Step fwd onto RF, Pivot ½ turn L	3:00
3&4	Step Fwd onto RF, Step LF beside RF, Step fwd on RF	3:00
5-6	Tap L Heel fwd, Tap L toe back	3:00
7-8	Step fwd onto LF, Tap R toe behind L Heel	3:00

S6: STEP BACK, SWEEP, STEP BACK, SWEEP, STEP BEHIND, STEP SIDE, CROSS SHUFFLE

1-2	Step back onto RF, Sweep LF front to back	3:00
3-4	Step back onto LF, Sweep RF front to back	3:00
5-6	Cross RF behind LF, Step LF to L side	3:00
7&8	Cross RF over LF, Step LF to L side, Cross RF over LF	3:00

S7: SIDE ROCK, RECOVER, HEEL GRIND, JAZZ BOX WITH FLICK

1-2	Rock LF to L side, Recover onto RF	3:00
&3-4	Step LF beside RF, Tap R Heel fwd, Grind R Heel to R taking weight onto RF	3:00
5-6	Cross LF over RF, Step back onto RF	3:00
7-8	Step LF to L side, Flick RF behind	3:00

S8: SWAY X4

1-2	Stepping weight onto RF while swaying hips to R, Sway hips to L	3:00
3-4	Sway hips to R, Sway hips to L (Finishing with weight on LF)	3:00

Start Again!

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