

Rockin' With Ms. Jody

Count: 32

Wall: 4

Level: Absolute Beginner

Choreographer: Steve Cavanaugh (USA) - May 2021

Music: The Rock - Ms. Jody : (Album: The Best of Ms. Jody)

Music available on iTunes and Amazon

Start dance after 40 counts

[1-8] POINT R to Side (2X), POINT L to SIDE (2X)

1-4 Point R to Side, Touch R Beside L, Point R to Side, Step R Beside L,

5-8 Point L to Side, Touch L Beside R, Point L to Side, Step L Beside R

[9-16] POINT R, POINT L, HEEL JACKS

1-4 Point R to Side, Step R Beside L, Point L to Side, Step L Beside R

5-8 Touch R Heel Fwd, Step R Beside L, Touch L Heel Fwd, Step L Beside R

[17-24] STEP FWD & BACK WITH TOUCHES, SIDE STEPS WITH TOUCHES

1-4 Step R Fwd Diagonal , Touch L Beside R, Step L Back Diagonal, Touch R Beside L

5-8 Turn 1/4 to R Stepping R to Side, Touch L Beside R, Step L to Side, Touch R Beside L

[25-32] SIDE ROCKS, JAZZ SQUARE

1-4 Rock Side to Side, R, L, R, L

5-8 Cross R over L, Step L Back, Step R to Side, Cross L over R

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