

# Hands Up Like This

Choreographers: Elaine Cook , Rob Fowler & I.C.E. – Aug. 2021

Counts: 32 - Walls: 2 - Level: Intermediate (16 Count Tag)

Music: Hands Up Like This by ZOA – 2m 27s (Single)

BPM: 120 (approx.) - Intro: 32 Counts – approx 16 secs (Start dance on right diagonal)

<b>S1</b>	<b>Diag R Rock, Recover &amp; Heel, Hold, &amp; Step R, Pivot ½ L, Touch R with Hip Bumps</b>	
1,2,&3,4	On R diagonal (1:30) rock R forward, recover L, step R side 1/8 left (straightening up to 12:00), touch L heel forward, hold	12:00
&5,6	Step L back, step R forward, make ½ turn L (weight forward on L)	6:00
7&8	Touch R to R side and bumps hips up & down (keep weight L) <i>(optional: snap fingers raising right hand up and down)</i>	
<b>S2</b>	<b>Cross R, Hold, Syncopated Vine with Cross, Side Rock, Recover, Behind, Side, Forward 1/8 R</b>	
1,2	Cross R over L, hold	
&3&4	Step L side, step R behind L, step L side, cross R over L	
5,6	Rock L side, recover R	
7&8	Step L behind R, step R side, step forward L turning 1/8 right	7:30
<b>S3</b>	<b>Step R, Touch L, Back L, Touch R, Back R, Touch L, Touch L Behind, Unwind ½ L, R Toe Taps</b>	
1,2,&3&4	Staying on diagonal step R forward, touch L beside R, step L back, touch R beside L, step R back, touch L beside R	
5,6	Touch L toe behind R, unwind ½ turn left (weight forward on L)	1:30
7&8	Tap R toe out to R side, tap R toe in towards L, tap R toe next to L	
<b>S4</b>	<b>R Heel, Hold, &amp; L Heel, Hold, L Jazz Box with Brush</b>	
1,2,&3,4	Still on diagonal touch R heel forward, hold, step R back, touch L heel forward, hold	
5,6,7,8	Cross L over R, step R back, step L side, brush R forward	
	<b>Start Over</b>	
<b>TAG:</b>	<b>The 16-count tag is done to the diagonal at the end of Walls 1, 3, 5</b>	
	<b>Rock R, Recover, Back R, ½ L, Back R, ¼ L, Step R, Pivot ½ L, Boogie Walks</b>	
1,2,&3&4	Rock R forward, recover L, step R back, step L forward ½ left, step R back, step L forward ¼ left	4:30
5,6,7&8	Step R forward, make ½ turn left (weight forward on L), boogie walks forward R,L,R <i>(optional: push arms up down up during the boogie walks)</i>	10:30
	<b>Side Switches, Step R, Heel Twists ¼ L, Hitch L, Step L, Touch R</b>	
1&2&3&4	Point L side, step L beside R, point R side, step R beside L, point L side, step L beside R, step R forward	
5&6,&7,8	Twist heels R,L,R making ¼ turn left (keep weight R), hitch L, step L side, touch R beside L	7:30

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