

THE LIGHT IN OUR SOUL

Count: 40

Wall: 4

Level: Intermediate level

Choreographer: Sebastiaan Holtland (NL) - August 2007

Music: The Light In Our Soul - Helena Paparizou

start dancing after the 17 seconds **ROCK/RECOVER, 1/2 SHUFFLE TURN, ROCK/RECOVER, 1/2 SHUFFLE TURN** 1-2 Rf rock forward, Lf recover (facing 12:00) 3&4 1/2 turn right, Rf step forward, Lf glose behind Rf, Rf step forward (facing 6:00) 5-6 Lf rock forward, Rf recover 7&8 1/2 turn left, Lf step forward, Rf glose behind Lf, Lf step forward (facing 12:00) 1/2 **TURN AND SHUFFLE BACK, ROCK/RECOVER, SHUFFLE FWD, 1/4 SAILOR CROSS** 9&10 1/2 turn left, Rf step back, Lf glose fwd Rf, Rf step back (facing 6:00) 11-12 Lf step back, Rf recover 13&14 Lf step forward, Rf glose behind Lf, Lf step forward (facing 6:00) 15&16 1/4 turn right and cross Rf behind Lf, Lf step to the Left side, Rf across Lf in 6 position (facing 9:00) **FULL SWEEP TURN, SAILOR AND CROSS, ROCK 1/4 TURN, SHUFFLE FWD** 17-18 Full turn with sweep from front to back (facing 9:00) 19&20 Rf step behind Lf, Lf step to the left side, Rf across Lf in 6 position (facing 9:00) 21-22 Rf side rock, Lf recover and make 1/4 turn left (facing 6:00) 23-24 Rf step forward, Lf glose behind Rf, Lf step forward (facing 6:00) **ROCK 1/4 TURN, SHUFFLE FWD, STEP 1/2 PIVOT TURN, STEP 1/4 PIVOT TURN** 25-26 Lf side rock, Rf recover and make 1/4 turn right (facing 12:00) 27&28 Lf step forward, Rf glose behind Lf, Lf step forward (facing 12:00) 29-30 Rf step forward, 1/2 turn left keeping weight on Lf (facing 6:00) 31-32 Rf step forward, 1/4 turn left keping weight on Lf (facing 3:00) **ROCK/RECOVER, 1/4 SHUFFLE TURN, ROCK/RECOVER, 3/4 TRIPLE TURN** 33-34 Rf step cross forward Lf, Lf recover (facing 3:00) 35&36 Rf step forward, Lf glose behind Rf, Rf step forward (facing 12:00) 37-38 Lf step forward, Rf recover (facing 12:00) 39&40 3/4 triple turn, Lf forward, Rf forward, Lf step forward (facing 3:00) **REPEAT**