Capital Letters

Count: 64 Wall: 2 Level: Intermediate / Advanced

Choreographer: Alan Birchall & Jacqui Jax (Nuline Dance) March 2018

Music: Capital Letters - Hailee Steinfeld & BloodPop. CD: Fifty Shades Freed

Start: On Lyrics Secs: 9 Count: 16 BPM: 100

SAILOR STEP, BEHIND, UNWIND, ROCK, RECOVER, CROSS SHUFFLE

1&2 Cross Right Behind Left, Step Left To Left, Step Right In Place
3-4 Cross Left Behind Right, Unwind Full Turn Left (Weight On Left)

5-6 Rock Right To Right, Recover On Left

7&8 Cross Right Over Left, Step Left To Left, Cross Right Over Left

SIDE, TOGETHER, SIDE, TOGETHER, FORWARD, ROCK, RECOVER, 3/4 TURN

9-10 Step Left To Left, Step Right By Left

11&12 Step Left To Left, Step Right By Left, Step Forward On Left

13-14 Rock Forward On Right, Recover On Left

15-16 Making ½ Turn Right Step Forward On Right, Making ¼ Turn Right Step Left To Left 09:00

RIGHT & LEFT HEEL JACKS. ROCK FORWARD, RECOVER, BACK LOCK

17&18 Cross Right BEHIND Left, Step Left To Left, Extend Right Heel To Right Diagonal

&19&20 Step Right By Left, Cross Left Over Right, Step Right To Right, Extend Left Heel To Left Diagonal

&21-22 Step Left By Right, Rock Forward On Right, Recover On Left23&24 Step Back On Right, Lock Left Over Right, Step Back On Right

TOUCH BACK, UNWIND, STEP, ½ PIVOT, STEP, ½ TURN BACK, ¾ TRIPLE TURN

25-26 Touch Left Toe Back, Unwind ½ Turn Left 03:00 27-28 Step Forward On Right, ½ Pivot Turn Left 09:00

29-30 Step Forward On Right, Make ½ Turn Right Stepping Back On Left 03:00

31&32 Make a ¾ Triple Turn Right Stepping Right, Left, Right 12:00

CROSS ROCK, RECOVER, SIDE SHUFFLE, CROSS ROCK. RECOVER, 1/4 SIDE SHUFFLE

33-34 Cross Rock Left Over Right, Recover On Right 35&36 Step Left To Left, Step Right By Left, Step Left To Left

37-38 Cross Rock Right Over Left, Recover On Left

39&40 Step Right To Right, Left By Right, Making ½ Turn Right Stepping Forward On Right 03:00

SPIRAL TURN, STEP, SHUFFLE FORWARD, ROCK, RECOVER, COASTER STEP

41-42 Stepping Forward On Left Make A Full Spiral Turn Right, Step Forward On Right

43&44 Step Forward On Left, Step Right By Left, Step Forward On Left

TAG: 4 Count Tag Here During 2nd Wall - Restart Dance45-46 Rock Forward On Right, Recover On Left

47&48 Step Back On Right, Step Left By Right Step Forward On Right

1/4 ROCK, RECOVER, CROSS SHUFFLE, MODIFIED MONTEREY TURN, ROCK, RECOVER

49-50 Making A ¼ Turn Right Rocking Left To Left, Recover On Right 06:00 51&52 Cross Left Over Right, Step Right To Right, Cross Left Over Right 53-54 Point Right To Right, Make A Full Turn Right Stepping Right By Left

55-56 Rock Left To Left, Recover On Right

JAZZ BOX, MODIFIED MONTEREY TURN, ROCK, RECOVER

57-58 Cross Left Over Right, Step Back On Right 59-60 Step Left To Left, Cross Right Over Left

61-62 Point Left To Left, Make A Full Turn Left Stepping Left By Right

63-64 Rock Right To Right, Recover On Left

START AGAIN

Tag: During 2nd Wall - After Count 44

45-46 Step Forward On Right, Making ¼ Turn Right Point Left To Left 12:00

47-48 Cross Left Over Right, Point Right To Right

Restart The Dance

Email: alan@alanbirchall.com - Website: http://www.alanbirchall.com