

Left Right Left

Count: 32

Wall: 4

Level: Easy Intermediate

Choreographer: Julia Wetzel – Feb. 2016

Music: Left Right Left by Charlie Puth (Album: Nine Track Mind), Track Length: 3:26

Intro: 16 counts (approx. 12 seconds into track, start on lyrics "Hurt")

[1 – 8] ¼ Touch L, , ¼ Step , ¼ Touch R, ¼ Step, Step, ½ Pivot, Step, Together

1 - 4 ¼ Turn right on R and touch L to left side (1), ¼ Turn left step L fw (2), ¼ Turn left on L and touch R to right side (3), ¼ Turn right step R fw (4) 12:00
5 - 6 Step L fw (5), Pivot ½ turn right step R fw (6) 6:00
7 - 8 Step L fw (7), Step/Stomp R next to L (8) 6:00

[9 – 16] Heel, Hold&, Touch&, Heel&, Jazz Box

1,2&3&4& Touch L heel fw (1), Hold (2), Step L next to R (&), Touch R toe back (3), Step R next to L (&), Touch L heel fw (4), Step L next to R (&)

Styling: Body is facing slightly to left diag. (5:00) in this section 6:00

5 - 8 Cross R over L (5), Step L back squaring to 6:00 (6), Step R to right side (7), Cross L over R (8) 6:00

[17 – 25] ¼ Hip Bump, ¼ Hip Bump, Kick, Ball, Cross, ¼, ¼, Together, Rock

1&2 ¼ Turn right step R fw bump hip to right side (1), Bump hip to left side (&), Bump bump hip to right side weight on R (2) 9:00
3&4 ¼ Turn right step L to left side bump hip to left side (3), Bump hip to right side (&), Bump hip to left side weight on L (4) 12:00
5&6 Kick R to right diag. (5), Step ball of R next to L (&), Cross L over R (6) 12:00
7, 8&1 ¼ Turn left step R back (7), ¼ Turn left step L to left side (8), Step R next to L (&), Rock L to left side (1) 6:00

[26 – 32] Recover&, Point & Point, Cross, Side, Behind, ¼

2&3&4 Recover on R (2), Step L next to R (&), Point R to right side (3), Step R next to L (&), Point L to left side (4) 6:00
5 - 8 Cross L over R (5), Step R to right side (6), Step L behind R (7), ¼ Turn right step R fw (8) 9:00

Ending: On Wall 10, dance up to Count 29 (Cross L over R facing 3:00), then do ¼ turn left step R back (6) and step L to left side (7) facing 12:00

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