Digital Age

B[1 - 8]

turn L 1 – 2&

3&4&

Count: 68

Wall: 1

Choreographer: Daniel Trepat (NL), José Miguel Belloque Vane (NL) & Roy Verdonk (NL) -Feburary 2016 Music: "Digital Age" by Phreefall ft. Flemming Intro: 2 counts (app. 1 sec into track, so it starts straight away) A-B-B-A*-A-B-B-A**-B-B-A Sequences: Restarts: -A* = 2nd time part A after 8 counts & Restart with part A A** = 3rd time A dance the first 32 counts & Restart to part B Footwork Part A - 52 counts 1/4 turn R, Step 1/2 turn R, 1/8 turn R, Step Lock Step, Rock, 1/8 turn R, Recover with Sweep, A[1 - 9]Sailorstep 1 – 3 1/4 turn R stepping R forward (1), Step L forward (2), 1/2 turn R stepping R forward (3) 9:00 1/8 turn R Stepping L forward (4), Lock R behind L (&), Step L forward (5) 4&5 6 - 7Rock R forward (6), 1/8 turn R & Recover on L & Sweep R from front to back (7)12:00 8&1 Cross R behind L (8), Step L slightly to L side (&), Step R to R side (1) 12:00 A[10 - 17]Hold, ball Step, Hold, Ball Step, Cross Rockstep, Cha Cha ¼ turn L 2 - 5Hold (2), Step on ball of L next to R (&), Step R to R side (3), Hold (4), Step on ball of L next to R (&), Step R to R side (5) 12:00 6 - 7Cross rock L over R (6), Recover on R (7) 12:00 8&1 Step L to L side (8), Step R next to L (&), 1/4 turn L stepping L forward (1) 9:00 Step fwd, ¼ turn L, Step fwd, Touch Side, Step fwd, Touch Side, Step Lock Step (starting a A[17 - 25]sweep with 1/4 turn R) Step R forward (2), ¼ turn L stepping L to L side (3), 6:00 2 - 34 - 5Step R forward (4), Touch L to L side (5) 6 - 7Step L forward (6), Touch R to R side (7), 6:00 Step R forward (8), Lock L behind R (&), Step R forward & start turning a 1/4 turn R sweeping L 8&1 from back to front (8) 6:00 A[26 - 32](Finish ¼ turn R sweep), Cross, Hold, Ball Rockstep, Shuffle ¾ turn L 2 - 4Finish 1/4 turn R sweep (from last count) (2), Cross L over R (3), Hold (4)9:00 &5 - 6Step R slightly to R side on the ball of foot (&), Rock L over R (5), Recover on R (6) 7&8 1/4 turn L stepping L to L side (7), 1/4 turn L stepping R next to L (&), 1/4 turn L stepping L forward (8) 12:00 A[33 - 40]Side, Together, Forward, Mambo fwd, Step back, Rockstep 1 - 3Step R to R side (1), Step L next R (2) Step R forward (3) 12:00 Step L forward (4), Recover on R (&), Step L back (5) 12:00 4&5 6 - 8Walk back on R (6), Rock back on L (7) Recover on R (8) 12:00 A[41 - 48]Step, Lock Step, Scuff, Jazzbox, Cross Step L forward (1), Lock R behind L (2), Step L forward (3), Scuff R forward (4) 12:00 1 - 45 - 8Cross R over L (5), Step L back (6), Step R to R side (7), Cross L over R (8) A[49 - 52]Sway R, Sway L 1 - 4Step R to R side and sway body to R side (1 - 2), Recover weight on L & sway body to L side (3 -4) 12:00 Footwork Part B - 16 counts

Basic R, Syncopated full turn R, Cross with Sweep, Cross, ¼ turn R, ¼ turn R Side Lunge, ½

1/4 turn R stepping L back (3), 1/2 turn R stepping R forward (&), 1/4 turn R rocking L to L side (4),

12:00

Step R to R side (1), Step L next to R (2), Cross R over L (&)

12:00

Recover on R (&)

Level: Phrased Easy Intermediate

5 - 6& Cross L over R & sweep R from back to front (5), Cross R over L (6), 1/4 turn R stepping L back (&) 7 – 8& 1/4 turn R stepping R to R side (7), Recover on L (8), 1/2 turn L stepping R next to L (8) B[9 - 16] Side Lunge, weight changes (R-L-R) with arm movements, Recover with sweep, Jazzbox, Weave 1 - 4Step L to L side (1), Transfer weight to R (2), Transfer weight to L (3), Transfer weight to R (4) Arm Movements: stick both hand next to body (1), Cross arm over each other R over L to R side (2), Put wrist together and turn to L side, the arms are now switched L is over R (3), Pull R elbow back (&), Pull R elbow again back but now further (4) (for a better explanation watch the video) 5 - 6& Step L to L side & sweep R from back to front (Throw R hand forward) (5), Cross R over L (6), Step L back (&) 12:00 7&8& Step R to R side (7), Cross L over R (&), Step R to R side (8), Cross L behind R (&) 12:00

Begin again!