

# If You Date a Friend

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**Count:** 36

**Wall:** 4

**Level:** High Beginner

**Choreographer:** Marianne Langagne (FR) - 2 November 2021

**Music:** Date a Friend - Lydia Sutherland

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**Intro : 16 Counts**

**Final : Dance to the count "30": STEP L, ½ TURN R (weight on LF), Cross R Point in front of LF**

**[1 - 8] MODIFIED RUMBA WITH ¼ TURN R.**

1-2 RF to the R, Together (weight on LF)  
3&4 RF Fwd, Together, RF Fwd  
5-6 ¼ Turn R - LF to the L (3:00), Together (weight on RF)  
7&8 LF Fwd, Together, LF Fwd

**[9-16] MAMBO R - L, JAZZ BOX ¼ TURN R**

1&2 RF to the R, Recover on LF, Together (weight on RF)  
3&4 LF to the L, Recover on RF, Together (weight on LF)  
5-6 Cross RF over LF, LF Back  
7-8 RF to the R on ¼ Turn R (6:00), LF Fwd

**- HERE RESTART 3rd Wall (Facing 12:00)**

**[17-24] DIAGONALLY STEP, TOGETHER, DIAGONALLY TRIPLE, ROLLING SHUFFLE TO L.**

1-2 RF Diagonally Fwd R, Together (7:30)  
3&4 RF Diagonally Fwd R, Together, RF Diagonally Fwd R  
5-6 LF forward with 3/8 turn to L (3:00), RF Back on ½ Turn L (9:00)  
7&8 ¼ Turn L (6:00) - LF to the L, Together, LF to the L - HERE RESTART 4th Wall (Facing 6:00)

**(Option 5 - 8) SIDE- BEHIND- CHASSE L**

**[25-32] ROCK STEP, ¼ TURN R, CHASSE R, ROCK BACK, TRIPLE FWD**

1-2 RF Fwd, Recover on LF  
3&4 RF on ¼ Turn R (9:00), Together, RF to the R  
5-6 LF Back, Recover on RF  
7&8 LF Fwd, Together, LF Fwd

**- HERE RESTART 5th Wall (Facing 3:00)**

**[33-36] KICK BALL POINT TO L, KICK BALL TOUCH**

1&2 Kick RF, R Ball next to LF, L Point to the L  
3&4 Kick LF, L Ball next to RF, Touch R next to LF

**ENJOY !!!**

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