# Wake Up in the Morning

Level: Improver - Country

**Choreographer:** Ole Jacobson feat. Nina K. (December 2019)

Wall: 4

Music: If I Knew by Parker Redmond

## Note: The dance begins with the singing (No Tags)

#### (1-8) Heel, close r + I , swivels R

- 1-2 Tap right heel forward place RF next to LF
- 3-4 Tap left heel forward place LF next to RF
- 5-6 Turn right toe to the right turn right heel to the right
- 7-8 Turn right heel to the left turn right toe back to the starting position (weight on RF)

#### (9-16) Heel switches, swivels L

**Count:** 64

- 1-2 Tap left heel forward place LF next to RF
- 3-4 Tap right heel forward place RF next to LF
- 5-6 Turn left toe to the left Turn left heel to the left
- 7-8 Turn left heel to the right Turn left toe back to the starting position

### (17-24) Step, lock, step, scuff (R+L)

- 1-2 RF step forward cross LF behind RF
- 3-4 RF step forward swing LF forward (let heel slide over floor)
- 5-6 LF step forward Cross RF behind LF
- 7-8 LF step forward swing RF forward (let heel slide over floor)

## (25-32) Rocking chair, grapevine R, stomp

- 1-2 RF step forward weight back to LF
- 3-4 RF step back weight back to LF
- 5-6 RF step to the right place LF behind RF
- 7-8 RF step to the right stamp LF next to RF (weight on RF)

## (33-40) Swivets with 1/4 turn L, hold, Scissor step R, hold

- 1-2Turn left toe to the left Turn left toe straight again3-4Turn your left toe to the left, make a 1/4 L turn (weight on LF) Hold5-6RF step to the right LF next to RF
- 7-8 Cross RF over LF Hold

#### (41-48) Scissor step L, hold, side, hold, back, recover

- 1-2 LF step to the left RF next to LF
- 3-4 LF cross over RF Hold
- 5-6 Step right to the right hold 1 count
- 7-8 LF step backwards (behind RF) weight back to RF

## (49-56) Side, close, step, touch, side, touches (R+L)

- 1-2 LF step to the left RF next to LF
- 3-4 LF step forward touch RF next to LF
- 5-6 RF step to the right touch LF next to RF
- 7-8 LF step left touch RF next to LF

# (57-64) side, close, back, touch, side, close, step, stomp

- 1-2 RF step to the right LF next to RF
- 3-4 RF step back touch LF next to RF
- 5-6 LF step to the left RF next to LF
- 7-8 LF step forward stamp the RF next to LF (weight on LF)

... from the beginning

Last Update - 27 Dec. 2019