

## Choose Joy

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<b>Description:</b>	2 walls, 64 counts, intermediate level	
<u>Music:</u>	Joy - For King & Country (3.54 mins). Album: Burn The Ships <u>Itunes Link</u> .	Spotify Link
<u>Count In:</u>	16 counts from the start of the track, dance begins on vocals.	
<u>Notes:</u>	Special thanks to my friend John Holloway for suggesting this music.	
<u>Videos:</u>	DEMO: www.vimeo.com/learnlinedance/ChooseJoyDemo	
	TEACH: www.vimeo.com/learnlinedance/ChooseJoy	

Section	Footwork	End Facing
1 - 8	R back, L touch, L fwd, 1/2 turn L back R, L back, R touch, R fwd, 1/2 turn L back	
1234	Step R back [1]. Touch L next to R [2]. Step L forward [3]. Make 1/2 turn left stepping R back [4]	6.00
5678	Step L back [5]. Touch R next to L [6]. Step R forward [7]. Make 1/2 turn right stepping L back[8]	12.00
9 - 16	1/4 turn R side, hold, L close, R side, 1/8 turn R hitching L, slow L coaster step, 1/8 turn L sweeping R	
12&3	Make 1/4 turn right stepping R to right side [1]. Hold [2]. Step L next to R [&]. Step R to right side [3]	3.00
456	Make 1/8 turn right as you hitch L knee (option: raise up on ball of R) [4]. Step L back [5]. Step R next to L [6]	4.30
78	Step L forward [7]. Make 1/8 turn left as you sweep R (weight remains L) [8]	3.00
17 - 24	R cross, L side, R behind, L side, R cross, L point, hold, L close, R point, 1/4 turn R closing R	
123&4	Cross R over L [1]. Step L to left side [2]. Cross L behind R [3]. Step L to left side [&]. Cross R over L [4]	3.00
56&78	Point L to left side [5]. Hold [6]. Step L next to R [&]. Point R to right side [7]. Make 1/4 turn right stepping R next to L [8]	6.00
25 - 32	L point, hold, L close, R point, R jazz box, L cross, 1/4 turn L back R	
12&34	Point L to left side [1]. Hold [2]. Step L next to R [&]. Point R to right side [3]. Cross R over L [4]	6.00
5678	Step L back [5]. Step R to right side [6]. Cross L over R [7]. Make 1/4 turn left stepping R back [8]	3.00
33 - 40	1/4 turn L side, hold, R samba step (bota-fogo), L cross, R side, L behind, R side, L heel	
12	Make 1/4 turn left stepping L to left side [1]. Hold [2] (Styling option: Bend both knees dipping body down on count 1 raising up 2)	12.00
3&4	Cross R over L [3]. Rock ball of L to left side [&]. Recover weight R [4]	12.00
567&8	Cross L over R [5]. Step R to right side [6]. Cross L behind R [7]. Step R to right side [&]. Touch L heel to left diagonal [8]	12.00
41 - 48	Making a full turn L in semi circle shape: L ball, R cross. Hold. L ball, R cross shuffle, L cross, hold, R ball, L cross shuffle	
& 1 2 & 3	Step in place on L ball [&]. Cross R over L [1]. Hold [2]. Make 1/8 turn left stepping L to left [&]. Cross R over L [3]	10.30
& 4 5 6	Make 1/8 turn left stepping L to left [&]. Cross R over L [4]. Make 1/2 turn left crossing L over R [5]. Hold [6]	3.00
& 7 & 8	Make 1/8 turn left stepping R to right [&] Cross L over R [7]. Make 1/8 turn left stepping R to right [&] Cross L over R [7]	12.00
	Styling: Use the above directions as a 'guideline' - try to think of counts 1-8 as making a big semi circle on the floor	
49 - 56	R side rock, R behind, L side, R cross, L side rock, 1/2 turn L sailor step	
123&4	Rock R to right side [1]. Recover weight L [2]. Cross R behind L [3]. Step L to left side [&]. Cross R over L [4]	12.00
56	Rock L to left side [5]. Recover weight R [6].	12.00
7&8	Cross L behind R [7]. Make 1/4 turn left stepping R next to L [&]. Make 1/4 turn left stepping forward L [8]	6.00
57 - 64	R samba step (bota fogo), L samba step (bota fogo), R rock fwd & across L, Recover sweeping R, R back sweep L, L back	
1&2	Step R slightly forward & across L [1]. Rock L ball to left side [&]. Recover weight R [2]	6.00
3&4	Step L slightly forward & across R [3]. Rock R ball to right side [&]. Recover weight L [4]	6.00
5678	Rock R forward slightly across L [5]. Recover weight L sweeping R [6]. Step R back sweeping L [7]. Step L back [8]	6.00

START AGAIN 😌 HAVE FUN