

HIGH TIME SWING

Count: 48

Wall: 4

Level: Beginner / Intermediate

Choreographer: Niels Poulsen (DK) NNov 07

Music: Niels B Poulsen (DK) NNov 07

Intro: 32 counts from very first beat in music, app. 11 secs. into track.

RESTART: 1 restart: On 3rd wall you have a restart after 16 counts, which will bring you back to 12:00.

Floor-split

(1 – 8) R chassé, L back kick ball change, ¼ shuffle back, rock back

1&2 Step R to R side, bring L next to R, step R to R side [12:00]
3&4 Kick L backwards, step onto L, change weight to R (easy option: L back rock on 3-4) [12:00]
5&6 Turn ¼ R stepping back on L, bring R next to L, step back on L [3:00]
7 – 8 Rock back on R, recover weight to L [3:00]

(9 – 16) R chassé, L back kick ball change, ¼ shuffle back, rock back

1&2 Step R to R side, bring L next to R, step R to R side [3:00]
3&4 Kick L backwards, step onto L, change weight to R (easy option: L back rock on 3-4) [3:00]
5&6 Turn ¼ R stepping back on L, bring R next to L, step back on L [6:00]
7 – 8 Rock back on R, recover weight to L [6:00]

*** RESTART here on 3rd wall (restart facing 12:00)<**

(17 – 24) R kick ball step X 2, rock R fw, chasse ¼ R

1&2 Kick R diagonally fw (towards 7:30), step R next to L, step fw on L [6:00]
3&4 Kick R diagonally fw (towards 7:30), step R next to L, step fw on L [6:00]
5 – 6 Rock fw R, recover weight back to L [6:00]
7&8 Turn ¼ R stepping R to R side, bring L next to R, step R to R side [9:00]

(25 – 32) Cross kick, side kick, back touch, diagonal L kick, back touch, touch together, chasse L

1 – 2 Cross kick L over R, kick L to L side [9:00]
3 – 4 Touch L behind R, kick L diagonally fw (towards 7:30) [9:00]
5 – 6 Touch L behind R, touch L next to R (and hitch L knee to prepare for chasse) [9:00]
7&8 Step L to L side, bring R next to L, step L to L side [9:00]

(33 – 40) Cross kick, side kick, back touch, diagonal R kick, back touch, touch together, chasse R

1 – 2 Cross kick R over L, kick R to R side [9:00]
3 – 4 Touch R behind L, kick R diagonally fw (towards 10:30) [9:00]
5 – 6 Touch R behind L, touch R next to L (and hitch R knee to prepare for chasse) [9:00]
7&8 Step R to R side, bring L next to R, step R to R side [9:00]

(41 – 48) Bring together, Jump R, hold 3 counts, 4 hip bumps

&1 Bring L next to R, Push off both feet jumping both feet apart and to R side [9:00]
2 – 4 Hold, hold, hold (weight L) ... Styling: try to be cool while holding! Be creative [9:00]
5 – 6 Bump hips to R side, bump hips to L side [9:00]
7 – 8 Bump hips to R side, bump hips to L side [9:00]

BEGIN AGAIN... and... Let's ROCK 'N' ROLL!

FINISH: On 9th wall: Do the first 24 counts of the dance. Music will start to fade out. On count 25: cross R over L and unwind ½ turn R to face 12:00