Cough

Choreographer: Malene Jakobsen, Denmark July 2023

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Type of dance: 32 counts, 4 wall

Level: Beginner

Choreographed to: Cough by Kizz Daniel (clean version), available on iTunes,110 BPM, If you can't find that version and

are interested in it, please just e-mail me

Intro: 32 counts from the beat 24 sec. seconds into track, dance begins with weight on L

		Facing
Counts	Footwork	
1-8	Fwd. rock, shuffle back, back rock, walk, walk	
1-2-3&4	(1) Rock fwd. on R, (2) recover onto L, (3) step back on R, (&) step L next to R, (4) step back on R	12.00
5-6-7-8	(5) Rock back on L, (6) recover onto R, (7-8) walk fwd. L, R	12.00
9-16	Fwd. rock, shuffle back, back rock, walk, walk	
1-2-3&4	(1) Rock fwd. on L, (2) recover onto R, (3) step back on L, (&) step R next to L, (4) step back on L	12.00
5-6-7-8	(5) Rock back on R, (6) recover onto L, (7-8) walk fwd. R, L	12.00
17-24	Paddle half turn	
1-2-3-4	(1) Step fwd. on R, (2) turn 1/8 L, (3) step fwd. on R, (4) turn 1/8 L	9.00
5-6-7-8	(5) Step fwd. on R, (5) turn 1/8 L, (7) step fwd. on R, (8) turn 1/8 L	6.00
NOTE:	When doing the paddling, you can roll your hips, wiggle, shake etc. – just have fun 😊	
25-32	Cross, side, coaster 1/4, fwd. rock, coaster step	
1-2	(1) Cross R over L, (2) step L to L	12.00
3&4	(3) Turn 1/4 R stepping back on R, (&) step L next to R, (4) step fwd. on R	9.00
5-6-7&8	(5) Rock fwd. on L, (6) recover onto R, (7) step back on L, (&) step R next to L, (8) step fwd. on L	9.00