

# I Hold On

Count: 96

Wall: 1

Level: Phrased Intermediate

Choreographer: Nolwenn BERTIN (December 2016)

Music: I Hold On by Dierks Bentley [118 bpm]

Sequences: A – A – B – 16B – B – B – 32A – Tag – B – B – 16B

The dance begins after 16 counts

## PART A: 64 counts

### A1: TRIPLE STEP, ROCK BACKWARD, STEP TURN ¼, BEHIND SIDE CROSS

1 & 2 Right side triple (R - L - R)  
3 - 4 Left backward, recover (weight on right)  
5 - 6 Left forward, turn ¼ right (weight on right)  
7 & 8 Cross left behind right, right on right side, cross left over right 3:00

### A2: SIDE ROCK, SAILOR STEP X 2, BEHIND UNWIND ½ TURN

1 - 2 Right on right, recover (weight on left)  
3 & 4 Right behind left, left on left side, right on right side  
5 & 6 Left behind right, right on right side, left on left side  
7 - 8 Touch right behind left, unwind ½ right (weight on right) 9:00

### A3: TRIPLE STEP, ROCK BACKWARD, STEP TURN ¼, BEHIND SIDE CROSS

1 & 2 Left side triple (L - R - L)  
3 - 4 Right backward, recover (weight on left)  
5 - 6 Right forward, turn ¼ left (weight on left) 6:00  
7 & 8 Cross right behind left, left on left side, cross right over left

### A4: SIDE ROCK, SAILOR STEP X2, BEHIND UNWIND ½ TURN

1 - 2 Left on left side, recover  
3 & 4 Cross left behind right, right on right side, left on left side  
5 & 6 Cross right behind left, left on left side, right on right side  
7 - 8 Touch left behind right, unwind ½ left (weight on left) 12:00

**TAG : Here at wall 7, add the Tag and go on with part B**

### A5: KICK BALL CROSS X2, SCISSORS STEP RIGHT & LEFT

1 & 2 Right kick forward, right next to left, cross left over right  
3 & 4 Right kick forward, right next to left, cross left over right  
5 & 6 Right on right side, left next to right, cross right over left  
7 & 8 Left on left side, right next to left, cross left over right

### A6: STEP TURN ½, TRIPLE FULL TURN, MAMBO ROCK FORWARD, ROCK BACKWARD

1 - 2 Right forward, turn ½ left (weight on left) 6:00  
3 & 4 Turn ½ left with right forward, turn ½ left with left forward, right forward 6:00  
5 & 6 Left forward, recover, left next to right  
7 - 8 Right backward, recover (weight on left)

### A7: SIDE STEP, HOLD, ROCK BACKWARD X2(RIGHT & LEFT)

1 - 2 Right slide to right, hold  
3 - 4 Left backward, recover (weight on right)  
5 - 6 Left slide to left, hold  
7 - 8 Right backward, recover (weight on left)

### A8: STEP ¼ TURN X2, WEAVE

1 - 2 Right forward, turn ¼ left 3:00  
3 - 4 Right forward, turn ¼ left 12:00  
5 - 6 Cross right over left, left on left side  
7 - 8 Cross right behind left, left on left side

## PART B: 32 counts

### B1: VAUDEVILLE RIGHT & LEFT

1 - 2 Right on right side, cross left behind right  
&3 &4 Right next to L., L. heel in left diagonal forward, left next to R., cross R. over L.  
5 - 6 Left on left side, cross right behind left  
&7 &8 Left next to R., R. heel in right diagonal forward, R. next to L., cross L. over R.

### B2: ROCK FORWARD, TRIPLE FULL TURN, ROCK FORWARD, COASTER STEP

1 - 2 Right forward, recover (weight on left)  
3 & 4 Turn ½ right with right fwd, left next to right, turn ½ right with right fwd 12h

5 - 6 Left forward, recover (weight on right)  
7 & 8 Left backward, right next to left, left forward

**B3: STEP PIVOT ½ TURN HOOK, TRIPLE STEP FORWARD, ROCK FORWARD, HEEL-HOOK-HEEL**

1 - 2 Right forward, turn ½ left with a left hook 6h  
3 & 4 Triple step forward (L - R - L)  
5 - 6 Right forward, recover (weight on left)  
&7 &8 Right next to left, left heel forward, left hook, left heel forward

**B4: ROCK FORWARD, ROCK ½ TURN, COASTER STEP, SCISSORS STEP**

&1 - 2 Left next to right, right forward, recover (weight on left)  
3 - 4 Turn ½ right with right forward, recover (weight on left) 12h  
5 & 6 Right backward, left next to right, right forward  
7 & 8 Left on left side, right next to left, cross left over right

**Tag (16 counts X 4) : Wall 7, after 32 counts from part A, repeat these 16 counts four times and go on with part B**

**TS1: SIDE STEP, HOLD, ROCK BACKWARD X2(RIGHT & LEFT)**

1 - 2 Right slide to right, hold  
3 - 4 Left backward, recover (weight on right)  
5 - 6 Left slide to left, hold  
7 - 8 Right backward, recover (weight on left)

**TS2: STEP ¼ TURN X2, WEAVE**

1 - 2 Right forward, turn ¼ left 3:00  
3 - 4 Right forward, turn ¼ left 12:00  
5 - 6 Cross right over left, left on left side  
7 - 8 Cross right behind left, left on left side

**START AGAIN AND KEEP SMILING**

**Memo**

**R. Right Fwd Forward**

**L. Left Bwd Backward**

**BCh Ball Change Tch Touch**