

Good Hearted Woman

Choreographer: Evelyn Khinoo

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ekhinoo@sbcglobal.net, 650-325-6913, Menlo Park, CA, USA; www.EvelynAndDenny.com

Description: Intermediate, 64 counts, 2 walls; has a 1-count tag (&8), and an ending

Music: "A Good Hearted Woman" by LeAnn Rimes (approx. 219 bpm)

Album: Lady & Gentlemen (3:41 min., available on iTunes, Amazon)

Start: 16 counts; may count as **SSQQS** (slow, slow, quick, quick, slow--example Section A)

A. FWD, FWD, ROCK FWD, RECOVER, BACK, BACK w/HOOK, FWD $\frac{3}{8}$ TURN R, SHUFFLE FWD

1-2 Step R fwd, step L fwd [**SS**]

3&4 Step R fwd, rock back onto L, step R back [**QQS**]

5-6 Step L back and hook R over L, step R fwd into $\frac{3}{8}$ R turn (facing R diagonal) (**4:00**) [**SS**]

7&8 Step L, step R together with L, step L fwd [**QQS**] (**4:00**)

B. ROCK FWD, RECOVER, $\frac{1}{2}$ TURN R, SIDE ROCK, CROSS, SIDE, SAILOR

1-2 Step R fwd, rock back onto L

3&4 Step R fwd into $\frac{1}{2}$ turn R, rock L to L side, recover onto R (**10:00**)

5-6 Cross L in front of R, step R to R side (**10:00**)

7&8 Step L behind R, step R to R side, step L to L side (sailor)

C. CROSS, BACK $\frac{1}{4}$ TURN R w/HOOK, $\frac{3}{8}$ SHUFFLE TURN R, ROCK BACK, RECOVER FWD, LOCK STEP FWD

1-2 Cross R over L, step L back into $\frac{1}{4}$ R and hook R in front of L (**1:00**)

3&4 Step R fwd $\frac{3}{8}$ R turn (square up to back wall), step L next to R, step R fwd ($\frac{3}{8}$ shuffle turn) (**6:00**)

5-6 Rock L back, recover fwd onto R

7&8 Step L fwd, step R slight behind L, step L fwd (lock step)

D. $\frac{1}{4}$ FWD R, WALK FWD, ANCHOR STEP, WALK BACK L, R, $\frac{1}{2}$ L SAILOR

1-2 Step R into $\frac{1}{4}$ R turn, walk L fwd

3&4 Rock onto ball of R slightly behind L heel, rock onto L in place, step slightly back onto R (anchor step)

5-6 Walk back L, walk back R

7&8 Cross L behind R, step R next to L while making $\frac{1}{2}$ L turn, step L slightly fwd ($\frac{1}{2}$ sailor)

E. WALK FWD R, L, ANCHOR, WALK BACK L, R, $\frac{1}{4}$ L SAILOR

1-2 Step R fwd, step L fwd

3&4 Rock onto ball of R slightly behind L heel, rock onto L in place, step slightly back onto R (anchor step)

5-6 Walk back L back, walk back R

7&8 Cross L behind R, step R next to L while making $\frac{1}{4}$ L turn, step L slightly fwd ($\frac{1}{4}$ sailor)

F. WALK FWD R, L, R, SIDE ROCK, WALK BACK L, R, L, SIDE ROCK

1-2 Step R fwd, step L fwd

3&4 Step R fwd, rock L to L side, recover onto R

5-6 Step L back, step R back

7&8 Step L back, rock R to R side, recover onto L [**see ending at bottom**]

G. R FWD, $\frac{1}{4}$ L PIVOT, CROSS & CROSS, $\frac{1}{4}$ L ROCK, RECOVER, LOCK STEP

1-2 Step R fwd, pivot $\frac{1}{4}$ turn L (**9:00**)

3&4 Cross R over L, step L to L side, cross R over L

5-6 Step L fwd into $\frac{1}{4}$ L turn, rock back onto R (**6:00**)

7&8 Step L fwd, step R slightly behind L, step L fwd

H. SIDE ROCK, RECOVER, CROSS, SIDE, CROSS, WALK IN L CIRCLE 360° STEPPING L, R, L, R(&), L

1-2 Rock R to R side, recover onto L (angle body slightly L) (**6:00**)

3&4 Cross R over L, step L to L side, cross R over L

5-6 Step L fwd starting 360° circle to the L, step R fwd continuing around to L

7&8 Finish 360° circle stepping L, R (&), L (run run run, or shuffle) (**6:00**) [**see tag at bottom**]

TAG: At the end of wall 3, Section H (facing the back): As you finish the 360° L turn, stomp on count 7 (facing 6:00), hands out to sides and pose; hold on count 8. You'll hear the break in the music. This happens only once.

ENDING: Wall 6 (starts at the back), during Section F. On counts 7&8 make a $\frac{1}{2}$ L sailor to the front and pose!