

# I'm Burnin' Up

Choreographed by: Guillaume RICHARD

Description: Phrased: A:36 counts, B:32 counts, C:16 counts

Intermediate – Line Dance

Musique: Burnin'up by Jessie J ft. 2 Chainz

Start of the dance on lyrics: A - B (16 counts) - B - C C - A - B B - C C - A - B B B B

## Part A:

1-8: Walk - Hold - Walk - Hold - Military Turn

1-2: Step RF forward - Hold

3-4: Step LF forward - Hold

5-6: Step RF forward – ½ turn L (weight on LF)

7-8: Step RF forward – ½ turn L (weight on LF)

9-16: Step - Touch - Back Step - Touch - Behind - Side - Cross - Side

1-2: Step RF forward – Touch LF to L

3-4 : Step LF backward – Touch RF to R

5-6: Cross RF behind LF - Step LF to L

7-8 : Cross RF over LF — Step LF to L

17-24 : Recover with ¼ turn - Step - ½ turn Back Step - ½ turn Step - Step ¼ Turn - Cross - Wave with R arm

1-2 : Recover weight to RF with ¼ turn R – Step LF forward

3-4 : Make  $\frac{1}{2}$  turn L stepping back RF – Make  $\frac{1}{2}$  turn L stepping forward LF

5-6 : Step RF forward – ¼ turn L (weight on LF)

7-8: Cross RF over LF – Make a wave with your R arm from R to L

25-32 : Side Rock - Cross - Side Rock - Cross - ¼ turn Back Step - ¼ turn Side Step

1-2 : Step LF to L – Recover weight on RF

3-4 : Cross LF over RF – Step RF to R

5-6: Recover weight on LF – Cross RF over LF

7-8: Make ¼ turn R stepping back LF – Make ¼ turn R stepping RF to R

33-36 : Cross – ½ turn

1-2-3-4: Cross LF over RF and make ½ turn R during 3 counts

## Part B:

### 1-8: Jump & Bump x 2 - Step - Hitch - Pony Step

- 1-2: Jump feet together to R (Put your hands crossed and outstretched forward) Bump to R (Hands outstretched to each side)
- 3-4: Jump feet together to L (Put your hands crossed and outstretched forward) Bump to L (Hands outstretched to each side)
- 5-6 : Step RF forward (drag the hands on thighs) Close LF to RF as you Hitch R knee (Clap your hands)
- &7&8 : Step RF forward Close LF to RF as you Hitch R knee Step RF forward Close LF to RF as you Hitch R knee (Put your hands up at the same time as the knees, counts 7 and 8)

#### 9-16: Step - Touch - Back Step - Touch - Side Step & Touch x4

- 1-2: Step RF forward (Roll the arms down) Touch LF close to RF (Snap)
- 3-4: Step LF backward (Roll the arms up) Touch RF close to LF (Snap)
- &5&6 :Make 1/8 turn L stepping RF to R Touch LF close to RF Make 1/8 turn L stepping LF to F Touch RF close to LF
- &7&8 :Make 1/8 turn L stepping RF to R Touch LF close to RF Make 1/8 turn L stepping LF to F Touch RF close to LF

#### 17-24: Wizzard Step x2 -Rock Step with Sweep -Behind - Side - Cross

- 1-2: Step RF diagonally forward Cross LF behind RF
- &3-4 : Step RF diagonally forward Step LF diagonally forward Cross RF behind LF
- &5-6: Step LF diagonally forward Rock RF forward Recover weight on LF and at the same time make a sweep with RF backward
- 7&8: Cross RF behind LF Step LF to R Cross RF over LF

## 25-32 : Side – Heel x2 – Cross – Heel – Jazz Box – Touch

- $\&1\mbox{-}2$  : Step LF to L Heel R diagonally forward Repeat Heel R diagonally forward
- &3&4 : Close RF to LF Cross LF over RF Step RF to R Heel L diagonally forward
- &5-6 : Close LF to RF Cross RF over LF Step LF backward
- 7-8 : Step RF to R Close LF to RF with a touch

#### Part C:

#### 1-8: Step - Sailor Step - Hips Grind - Hold - Cross - Unwind - Step

- $1\text{-}2\&3\text{-}4: Step \ RF \ to \ R-Cross \ LF \ behind \ RF-Step \ RF \ to \ R-Step \ LF \ to \ L-Hips \ from \ down \ to \ right \ side \ and \ right \ side \ and \ right \ right \ side \ and \ right \ ri$
- 5&6-7-8: Hold Close LF to RF Cross RF over LF Make a full turn L (finish LF over RF) Step RF to R

## 9-16: Hold - Sailor Step - Chest Pops x

- 1-2&3-4: Hold Cross LF behind RF Step RF to R Step LF to L Put your hands on your chest (R hand up and L hand down)
- 5-6-7-8 : Chest pops with hands open on each pops (like a breathing movement)