

LOST IN YOUR MIND

32 Count 4 Wall Beginner
Choreograph : Ann-Kristin Sandberg (Norway) March-19
Music : Lost on you By LP (4,28) I-Tunes

Intro: 32 counts

Diagonal steps forw x 2-Rock recover-Back-Kick-Rock recover-Step forw

- 1&2& Step R diagonal forw to R, Step L next to R, Step R diagonal forw to R, Brush L forw
3&4& Step L diagonal forw to L, Step R next to L, Step L diagonal forw to L, Brush R forw
5&6& Step R forw, Recover onto L, Step R backw, Kick L forw
7&8 Step L backw, Recover onto R, Step L forw

Side-Together-Side-Touch-Side-Together-Side-Touch-Point-Turn ¼ R-Point-Together-Rocking chair

- 1&2& Step R to R side, Step L next to R, Step R to R side, Touch L next to R
3&4& Step L to L side, Step R next to L, Step L to L side, Touch R next to L
5&6& Point R out to R side, Turn ¼ R stepping R foot down(F03)
Point L foot out to L side, Step L next to R
7&8& Step R forw, Recover onto L, Step R backw, Recover onto L

Rumbabox-Back-Together-Back-Coaster step

- 1&2 Step R to R side, Step L next to R, Step R forw
3&4 Step L to L side, Step R next to L, Step L backw
5&6 Step R backw, Step L next to R, Step R backw
7&8 Step L backw, Step R next to L, Step L forw

Step-Pivot ½ turn L-Step –Pivot ½ turn L-Jazzbox

- 1-2 Step R forw, Pivot ½ turn L (F09)
3-4 Step R forw, Pivot ½ turn L (F03)
5-6 Cross R over L, Step back on L
7-8 Step R to R side, Step L forw

NO TAGS/NO RESTART

HAPPY DANCING!

Contact: anne88@online.no