Body To Body

32 Count 4 Wall Beginner Level Line Dance

Choreographed to: Body To Body By Sture Zetterberg, Andrew Shubin, intro 32 Counts

Choreographer: Micaela Svensson Erlandsson, Swe, September 2025

No Tags, No Restarts, you're Welcome.

Section 1	Walk. Walk. Forward Shuffle. Rock Step. Back Shuffle
1-2	Walk forward on right. Walk forward on left.
3&4	Step forward on right. Close left beside right. Step forward on right.
5-6	Rock forward on left. Recover onto right.
7&8	Step back on left. Close right beside left. Step back on left.

Section 2	Back Rock. Right Chasse. Cross Rock. Left Chasse ¼ Turn left.
1-2	Rock back on right. Recover onto left.
3&4	Step right to right side. Close left beside right. Step right to right side.
5-6	Rock left foot across right. Recover onto right.
7&8	Step left to left side. Close right beside left. Turn ¼ left stepping forward on left.

Section3	R Cross Rock. Side. L Cross Rock. Side. R Cross Rock. Side. L Cross Rock. Side.
1&2	Rock right across left. Recover onto left. Step right to right side.
3&4	Rock left across right. Recover onto right. Step left to left side.
5&6	Rock right across left. Recover onto left. Step right to right side.
7&8	Rock left across right. Recover onto right. Step left to left side.
Easy Option:	Replace Cross Rock. Side with Touch Across. Side, removing the syncopations.

Section 4	Step. ½ Turn left. Step. ½ Turn left. Cross. Back. Sway right. Sway left.
1-4	Step forward on right. Turn ½ left. Step forward on right. Turn ½ left.
5-6	Cross right over left. Step back on left.
7-8	Step right foot to right side Swaying hips right. Sway hips left.

Easy Option: Replace the Step ½ Turns with a Rocking Chair.

Optional Ending: Replace the 2nd of the ½ Turns with a ¼ Turn, to finish facing the front wall, and dance the last 4 counts of Section 4.