## The Loneliest

| Choreographer | $:$ | Lars Kuif (Holland - January 2023) |
| :--- | :--- | :--- |
| Level | $:$ | Intermediate |
| Wall | $\vdots$ | 4 |
| Count | $\vdots$ | 32 |
| Info | $:$ | Starts after 32 counts |
| Music | $:$ | 'The Loneliest' by Maneskin |

[1-8] Step R Back, Sweep, Behind-Side, Cross Rock, Side Rock, Step L Back, Sweep, Behind-Side, Reversed Rolling Vine
1,2\& Step $R$ back and sweep $L$ back (1), step $L$ behind $R(2)$, step $R$ to side (\&) [12.00]
3\&4\& Rock L across R (3), recover to RF (\&), rock L to side (4), recover to RF (\&) [12.00]
5,6\& Step L back and sweep R back (5), step R behind L (6), step L to side (\&) [12.00]
7\&8\& Step $R$ across $L$ (7), $1 / 4$ turn $R$ stepping $L$ back (\&), $1 / 2$ turn $R$ stepping $R$ fwd. (8), $1 / 4$ turn $R$ stepping $R$ to side ( $\&$ ) [12.00]
[9-16] Behind, Sweep, Behind-Side, Cross, $1 / 4$ Turn L, Coaster Step, Step L Fwd., Shuffle Fwd., Mambo Step
1,2\& Step $R$ behind $L$ and sweep $L$ back (1), step $L$ behind $R(2)$, step $R$ to side (\&) [12.00]
3\&4\& Step $L$ across $R(3), 1 / 4$ turn $L$ stepping $R$ back (\&), step $L$ next to $R$ (4), step R fwd. (\&) [09.00]
5,6\&7 Step L fwd. (5), step R fwd. (6), step L next to R (\&), step R fwd. (7) [09.00]
\&8\& Rock L fwd. (\&), recover to R (8), step L back (\&) [09.00]
*restart here during wall 2 (starts facing 03.00, restart facing 12.00) and 7 (starts facing 12.00 and restart facing 09.00)
[17-24] Back, Sweep back, Touch Back, $1 / 2$ Turn L, $1 / 2$ L + R Back, Sweep, Behind-Side-Cross, $1 / 8$ R. + Walk Fwd. R+L, Kick-Sweep, Sailor Step
1,2\& Step $R$ back and sweep $L$ back (1), touch $L$ toe back (2), $1 / 2$ turn $L$ and weight to $L F(\&)$ [03.00]
$3 \quad 1 / 2$ turn $L$ stepping $R$ back and sweep LF back (3) [09.00]
4\&5 Step $L$ behind $R(4)$, step $R$ to side (\&), step $L$ across $R(5)$ [09.00]
6\&7 $\quad 1 / 8$ turn $R$ and step $R$ fwd. (6) [10.30], step $L$ fwd. (\&), step $R$ fwd. and kick $L$ fwd. into sweep $L$ back while turning $1 / 8$ left (7) [09.00]
8\&1 Step $L$ behind $R(8)$, step $R$ to side (\&), step $L$ to side (1) [09.00]
[25-32] Cross-Side-Behind, Sweep, Behind-Side-Cross, $1 / 2$ Pivot Turn L, Cross Rock, Side Rock
$2 \& 3$ Step $R$ across $L$ (2), step $L$ to side (\&), step $R$ behind $L$ and sweep $L$ back (3) [09.00]
4\&5 Step $L$ behind $R(4)$, step $R$ to side (\&), step $L$ across $R(5)$ [09.00]
6\& Step R fwd. (6), $1 / 2$ turn $L$ and weight to $L F(\&)$ [03.00]
7\&8\& Rock $R$ across $L(7)$, recover to $L F(\&)$, rock $R$ to side (8), recover to $L F(\&)$ [03.00]

## Restart:

Dance wall 2 and 7 up to count 16\& and restart.
Wall 2 starts facing 03.00 and restart facing 12.00
Wall 7 starts facing 12.00 and restart facing 09.00
Questions: larskuiflinedance@gmail.com

