

Keep on Holding



Choreographers : Jonas Dahlgren, Grégory Danvoie, Gudrun Schneider & Dirk Leibing
Level : Improver
Dance : 32 counts – 4 Wall
Music : Leony - Holding On
Intro : 16 counts(7 sec.)

(I) Side, Touch, Kick Ball Cross, Turn $\frac{1}{4}$, Turn $\frac{1}{2}$, Turn $\frac{1}{4}$ with a Chassee

1-2 Step RF right(1), Touch LF next to RF(2)
3&4 Kick LF to left diagonal(3), Step ball of LF next to RF(&), Cross RF in front of LF(4)
5-6 Turn $\frac{1}{4}$ right stepping LF back(5)(3:00), Turn $\frac{1}{2}$ right stepping RF forward(6)(9:00)
7&8 Turn $\frac{1}{4}$ right stepping LF left(7)(12:00), Close RF next to LF(&), Step LF left(8)

(II) Cross, Hold, Heel, Hold, Cross, Turn $\frac{1}{4}$, Turn $\frac{1}{2}$

1-2 Cross RF in front of LF(1), Hold(2)
&3-4 Step LF left(&), Dig right Heel to right diagonal(3), Hold(4)
&5-6 Step RF next to LF(&), Cross LF in front of RF(5), Turn $\frac{1}{4}$ left stepping RF back(6)(9:00)
7&8 Turn $\frac{1}{4}$ left stepping LF left(7), Close RF next to LF(&), Turn $\frac{1}{4}$ left stepping LF forward(8)(3:00)

(III) Rock, Recover, Shuffle forward, Rock, Recover, Shuffle back

1-2 Rock RF forward(1), Recover on LF(2)
3&4 Step RF forward(3), Close LF next to RF(&), Step RF forward(4)
5-6 Rock LF forward(5), Recover on RF(6)
7&8 Step LF back(7), Close RF next to LF(&), Step LF back(8)

(IV) Back Touch, Hold, Back Touch, Hold, Heel & Heel, Step Turn

&1-2 Jump Rf back to right diagonal(&), Touch LF next to RF(1), Hold(2)
&3-4 Jump Lf back to left diagonal(&), Touch RF next to LF(3), Hold(4)
5&6& Dig right Heel forward(5), Close RF next to LF(&), Dig left Heel forward(6), Close LF next to RF(&)
7-8 Step RF forward(7), Turn $\frac{1}{2}$ left(8)(9:00)

Start again

Tag after wall 8

1-2 Step RF right(1), Touch LF next to RF(2)
3-4 Step LF left(3), Touch RF next to LF(4)

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