

“Heartbeat Shift”

4 wall Easy Intermediate line dance (32 counts)

Choreographer: Ria Vos, dansenbijria@gmail.com

Music: “*Heart Don’t Beat The Same*” Madism & Deepend

Intro: 16 Counts

Walk, Walk, Ball-Cross ¼ L, ¼ R, Shuffle ½ R, Rock Back

1-2 Step Fwd on R, Step Fwd on L

&3-4 ¼ L Step on Ball of R to R Side, Cross L Over R, ¼ R Step Fwd on R (12:00)

5&6 Shuffle ½ Turn R Stepping L-R-L (6:00)

7-8 Rock Back on R, Recover on L

Full Turn L, Side Rock, Step Fwd, Step Pivot ¼ R, Samba Step

1-2 ½ Turn L Step Back on R, ½ Turn L Step Fwd on L (6:00)

&3-4 Quick Rock R to R Side, Recover on L, Step Fwd on R

5-6 Step Fwd on L, Pivot ¼ Turn R (9:00)

7&8 Cross L Over R, Step R to R Side, Step L to L Side

Syncopated Jazzbox, Side, Rock Back, Step-Touch, Step-Touch

1-2 Cross R Over L, Step Back on L

&3-4 Step R to R Side, Cross L Over R, Step R to R Side

5-6 Rock Back on L, Recover on R

&7 Small L Step Fwd to L Diagonal, Touch R Next to L

&8 Small R Step Fwd to R Diagonal, Touch L Next to R

Rock Fwd, Shuffle Back, ½ R, Step Pivot ½ Turn R, Step Fwd

1-2 Rock Fwd on L, Recover on R

3&4 Shuffle Backwards Stepping L-R-L

5-6 ½ Turn R Step Fwd on R, Step Fwd on L (3:00)

7-8 Pivot ½ Turn R, Step Fwd on L (9:00)

Tag: After Wall 7 (3:00)

Out-Out, In-In, Arms

1-2 Step Out on R, Step Out on L

3-4 Step In on R, Step L Next to R

5-6 Place R Hand Across Chest, Place L Hand Over R Hand (*on heart*)

7-8 Move Both Hands Fwd and Back on Chest x2 (*heartbeat*)