Here I Stand

Count: 64Wall: 4Level: Intermediate

Choreographer: Wil Bos (NL) & Colin Ghys (Bel) September 2019

Music: Here I Stand by Derek Ryan (4:45)

Intro: 16 counts (Derek Ryan is counting in for you)

Grapevine R, Cross, Toe Heel, Rock Step, Recover

1-4RF. Step R - LF. Cross behind RF - RF. Step R- LF. Cross over RF

5-8RF. Step Toe to R – RF. Drop Heel - LF. Rock Back – RF. Recover

Grapevine L, Cross, Toe Heel, Rock Step, Recover

1-4LF. Step L - RF. Cross behind LF – LF. Step L- RF. Cross over LF

5-8LF. Step Toe to L – LF. Drop Heel- RF. Rock Back – LF. Recover

Change Turn, Step Fwd, Hold & Clap, Change Turn, Step Fwd, Hold & Clap

1-4RF. Step fwd – LF & RF. ½ turn L – RF. Step fwd - Hold & Clap Hands (6:00)

5-8LF. Step fwd – RF & LF. ½ turn R – LF. Step fwd - Hold & Clap Hands (12:00)

Toe strut x 2, Monterey Turn R

1-4RF. Step Toe to R - RF. Drop heel - LF. Step on toe, crossed over RF - LF. Drop heel

5-8RF. Point R - RF. ½ turn R closing next to LF - LF. Point L - LF. Closing beside RF (6:00)

* Restart here wall 3 (12:00), wall 7 (9:00) and wall 10 (9:00)

Side together, Side, Hold, Cross Rock Step, Recover, 1/4 L Step Fwd, Scuff

1-4RF. Step to R - LF. Close beside RF. Step to R - Hold

5-8LF. Cross-over RF - RF. Recover - LF. 1/4 L step fwd - RF. Scuff (3:00)

Step Fwd, Step Together, Heel Bounces, Step Fwd, Step Together, Swivel

1-4RF. Step diagonal fwd to right side - LF. Close beside RF - RF & LF. Bounce heels x 2

5-8LF. Step diagonal fwd to left side - RF. Close beside LF- LF & RF. Swivel heels left, back to centre

Step Back, Touch/Clap, Step Back, Touch/Clap, Step Fwd, Step Together, Step Fwd, Hold

1-2RF. Step diagonal back to right side – LF. Touch beside RF & clap hands

3-4LF. Step diagonal back to left side – RF. Touch beside LF & clap hands

5-8RF. Step fwd - LF. Close beside RF - RF. Step Fwd - Hold

Change Turn, Step Fwd, Hold, Rock Step, Recover, Stomp Up x 2

1-4LF. Step fwd - RF & LF. Make ½ turn R - LF. Step fwd - Hold (9:00)

5-8RF. Rock step fwd - LF. Recover - RF. Stomp Up x 2

Restarts*:

Wall 3 after 32 counts at 12 o'clock

Wall 7 after 32 counts at 9 o'clock

Wall 10 after 32 counts at 9 o'clock

Ending of the dance: Wall 14: dance up to count 40 (6:00), then add 3 counts:

RF. Step fwd - LF & RF. 1/2 turn L Slowly

Start Again and enjoy this dance 😊

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