

Be The Love

(March 2021)





Information: Choreographers: Music:

32 Counts, 2 wall, High Intermediate. Adam Åstmar (SE), Malene Jakobsen (DK). "Be Good To Her" by BEXAR (3:03) ~ 80 bpm. 16 counts, approx. 12 seconds, right before the first word "She'll".

Intro:

Extra Info:

Every count 3 and 7 will always hit a little earlier! They will always hit on the first 'a' count, as shown below.

The counts will be written as, for example: 1-2-3 a 4, 5-6-7 a 8 The counts will be counted as, for example: 1-2-a-a 4, 5-6-a-a 8

Important! The tag occurs once after wall 2 and twice after wall 4.

Section	Steps & Explanations	End Facing
1	Step with Hitch. Cross. Side with Drag. Ball. Cross. 1 / 4 Back. 1 / 4 Step. 1 / 2 Back with Sweep. Behind-Side-Cross.	
1 – 2	(1) Step forward on LF, hitching R knee across LF. (2) Cross RF over LF.	12'00
3 a 4	(3) Step to the left on LF, dragging RF towards LF. (a) Close RF next to LF. (4) Cross LF over RF.	12'00
5 – 6	(5) Turn ¼ to the left, stepping back on RF. (6) Turn ¼ to the left, stepping forward on LF.	6'00
7 a 8 &	(7) Turn ½ to the left, stepping back on RF, sweeping LF from front to back. (a) Step LF behind RF. (8) Step to the right on RF. (&) Cross LF over RF.	12'00
2	Sway-Sway. 1 / 4 Small Hitch. Ball. 1 / 4 Step. Rock Forward. 1 / 2 Step. Triple 7/8 Turn.	
1 – 2	(1) Step to the right on RF, swaying to the right. (2) Sway to the left.	12'00
3 a 4	(3) Turn ¼ to the right, hitching L knee slightly and raising up on R toes. (a) Close LF next to RF. (4) Turn ¼ to the right, stepping forward on RF.	6'00
5 – 6	(5) Rock forward on LF. (5) Recover on RF.	6'00
7 a 8 &	(7) Turn ½ to the left, stepping forward on LF. (a) Turn ½ to the left, stepping back on RF. (8) Turn 3/8 to the left, stepping towards the diagonal on LF. (&) Step forward on RF.	1'30
3	Rock forward. Back with Drag. Behind. 1 / 4 Side. Step. Rock forward. Back with Drag. Behind. 1 / 8 Side. Cross.	
1 – 2	(1) Rock forward on LF. (2) Recover on RF.	1'30
3 a 4 &	(3) Step back on LF, dragging RF towards LF. (a) Step RF slightly behind LF. (4) Turn ¼ to the left, stepping forward on LF. (&) Step forward on RF.	10'30
5 – 6	(5) Rock forward on LF. (6) Recover on RF.	10'30
7 a 8 &	(7) Step back on LF, dragging RF towards LF. (a) Step RF slightly behind LF. (8) Turn 1/8 to the left, stepping to the left on LF. (&) Cross RF over LF.	9'00
4	Sway-Sway. Step with Sweep. Cross. Side with Drag. Touch. 1 / 4 Step. 1 / 2 Back with Sweep. Back. Rock Back.	
1 – 2	(1) Step to the left on LF, swaying to the left (2) Sway to the right.	9'00
3 a 4	(3) Step forward on LF, sweeping RF from back to front. (a) Cross RF over LF. (4) Step to the left on LF, dragging RF towards LF.	9'00
5 – 6	(5) Touch RF next to LF. (6) Turn 1/4 to the right, stepping forward on RF.	12'00
7 a 8 &	(7) Turn ½ to the right, stepping back on LF, sweeping RF from front to back. (a) Step back on RF. (8) Rock back on LF. (&) Recover on RF.	6'00
Tag	Step with Sweep. Cross. Side. Behind. Side with Sway-Sway. Behind. Side with Sway-Sway. Touch.	

1 – 2	(1) Step forward on LF, sweeping Rf from back to front. (2) Cross RF over LF.	12'00
3 a 4	(3) Step to the left on LF. (a) Step RF behind LF. (4) Step to the left on LF, swaying to the left.	12'00
5 – 6	(5) Sway to the right. (6) Step LF behind RF.	12'00
7 a 8	(7) Step to the right on RF, swaying to the right. (a) Sway to the left. (8) Touch RF next to LF.	12'00

Please do not change anything in this stepsheet. If you want to use this somewhere else, you need to make sure that it's in original form and nothing's missing, such as contact details etc.

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