

AB Estradarada

Count: 32

Wall: 4

Level: Absolute Beginner

Choreographer: K. Sholes (USA) - August 2017

Music: Вите Надо Выйти - ESTRADARADA

Section 1: Bump, Bump, Double Bump X2

1-4 Bump Hips R, L, Twice R,
5-8 Bump Hips L, R, Twice L.

Section 2: Rock, Recover, Cha cha cha, Rock, Recover, 1/4 turn Cha cha cha

1 2 3&4 Rock R forward, Recover L, Step RLR,
5 6 7&8 Rock L back, Recover R, Step L 1/4 R, Step LR. (3:00)

Section 3: Rocking chair, Heel hook, Side Shuffle

1-4 Rock R forward, Recover L, Rock R back, Recover L,
5 6 7&8 Tap R heel forward, Hook R heel across L, Step RLR forward.

Section 4: Rocking chair, Heel hook, Shuffle

1-4 Rock L forward, Recover R, Rock L back, Recover R,
5 6 7&8 Tap L heel forward, Hook L heel across R, Step LRL back.

Tag: Wall #6 (3:00) 1-8 Bump Hips RLRL X2

Begin Again! Enjoy!

Last Update – 16th August 2017