

# Whistle While You Twerk

32 count, 4 wall, Beginner level Choreographed February 2023 by Charles Alexander (Swe) **Music:** High Heels (Whistle While You Twerk) by Flo Rida feat. Walker Hayes & secs on the beach CD: High Heels (Whistle While You Twerk) *(2.42 min)* **Intro:** 16 counts, approx. 8 sec – 120 bpm



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# 1 – 8 HIP BUMPS R-L-R, HIP BUMPS L-R-L, BUMP R-L, RIGHT COASTER STEP

- 1&2 Bump hips R. Bump hips L. Bump hips R. (Weight ends on R)
- 3&4 Bump hips L. Bump hips R. Bump hips L. (Weight ends on L)
- 5-6 Bump hips R. Bump hips L. (Weight ends on L)
- 7&8 Step R back. Step L beside R. Step R forward.

(If you can, feel free to twerk instead during counts 1-6 and don't forget to whistle to the song! (19)

- 9 16 MAKING ¾ TURN LEFT: WALK L-R, LEFT SHUFFLE FORWARD, WALK R-L, RIGHT SHUFFLE FORWARD
- 1-2 Step L forward. Step R forward. (Making 1/8 turn left)
- 3&4 Step L forward. Step R beside L. Step L forward. (Making ¼ turn left)
- 5-6 Step R forward. Step L forward. (Making 1/8 turn left)
- 7&8 Step R forward. Step L beside R. Step R forward. (Making ¼ turn left) [3:00]

## 17 – 24 ROCK SWITCHES FORWARD L-R-L, LEFT SHUFFLE BACK

- 1-2& Rock L forward. Recover onto R. Step L beside R.
- 3-4& Rock R forward. Recover onto L. Step R beside L.
- 5-6 Rock L forward. Recover onto R.
- 7&8 Step L back. Step R beside L. Step L back.

### 25 – 32 BACK, TOUCH, FORWARD, TOUCH, SIDE, TOUCH, SIDE, TOUCH, OUT-OUT (R-L), KNEE POPS

- 1-4 Step R back. Touch L beside R. Step L forward. Touch R beside L.
- &5&6 Step R to side. Touch L beside R. Step L to side. Touch R beside L.
- &7&8 Step L to side. Step R to side. Pop knees forward lifting heels. Lower heels. (Weight ends on L)

#### Ending: During wall 10, starts facing 3:00

Dance up to count 8 and make a total of 1+1/4 turn left during counts 9-16, ends facing 12:00!