100 Years

Count: 64 Wall: 2 Level: Intermediate Choreographer: Maggie Gallagher (UK) & Gary O'Reilly (IRE) - March 2022

Music: 100 Years - HEDEGAARD, Echosmith & Tvilling: (Amazon & iTunes)

Intro: 16 counts

S1: WALK, WALK, ANCHOR STEP, BACK, BACK, ¼ SIDE ROCK

1-2 Walk forward on right, Walk forward on left

3&4 Lock right behind left, Step weight onto left, Step slightly back on right

5-6 Walk back on left. Walk back on right

7-8 ¼ left rocking left to left side, Recover on right [9:00]

S2: L SAILOR, BEHIND, SWEEP, BEHIND, SIDE, CROSS SHUFFLE

1&2 Cross left behind right, Step right to right side, Step left to left side
3-4 Cross right behind left, Ronde sweep left from front to back

5-6 Cross left behind right, Step right to right side

7&8 Cross left over right, Step right to right side, Cross left over right

S3: SIDE ROCK, ¼ COASTER, ROCK, RECOVER, ½ SHUFFLE

1-2 Rock right to right side, Recover on left

3&4 ½ right stepping right behind left, Step left next to right, Step forward on right [12:00]

5-6 Rock forward on left. Recover on right

7&8 ¼ left stepping left to left side, Step right next to left, ¼ left stepping forward on left [6:00]

S4: 1/4 SIDE, DRAG, BEHIND SIDE CROSS, POINT, CROSS, POINT, CROSS

1-2 ¼ left taking long step on right to right side, Drag left to meet right [3:00]
 3&4 Cross left behind right, Step right to right side, Cross left over right

5-6 Point right to right side, Cross right slightly over left 7-8 Point left to left side, Cross left slightly over right

S5: ROCK, RECOVER, 1/2 SHUFFLE, 1/2 SHUFFLE, BACK ROCK, RECOVER

1-2 Rock forward on right, Recover on left

3&4 ¼ right stepping right to right side, Step left next to right, ¼ right stepping forward on right [9:00]

5&6 ¼ right stepping left to left side, Step right next to left, ¼ right stepping back on left [3:00]

7-8 Rock back on right, Recover on left

S6: WALK, HOLD, BALL STEP, TOUCH, WALK, HOLD, BALL STEP, HITCH

1-2 Walk forward on right to right diagonal, HOLD [4:30]

&3-4 Step on ball of left next to right, Step forward on right, Touch left next to right [4:30]

5-6 Walk forward on left to left diagonal, HOLD [1:30]

&7-8 Step on ball of right next to left, Step forward on left, Ronde hitch right across left [1:30]

S7: CROSS, BACK, 1/4 CHASSE, CROSS/DIP, SIDE, BEHIND, SIDE

1-2 Cross right over left, 1/8 right stepping back on left [3:00]

3&4 ¼ right stepping right to right side, Step left next to right, Step right to right side [6:00]

5-6 Cross left over right bending knees, Step right to right side

7-8 Cross left behind right, Step right to right side

S8: CROSS ROCK, L CHASSE, R JAZZ BOX

1-2 Cross rock left over right, Recover on right

3&4 Step left to left side, Step right next to left, Step left to left side

5-6 Cross right over left, Step back on left7-8 Step right to right side, Step forward on left

TAG: At the end of Wall 2, dance the 8 count Tag facing [12:00]:

ROCKING CHAIR, STEP, ½ PIVOT, STEP, ½ PIVOT

1-2-3-4 Rock forward on right, Recover on left, Rock back on right, Recover on left Step forward on right, ½ pivot left, Step forward on right, ½ pivot left [12:00]

ENDING: Dance 31 counts of Wall 7. On count 32, turn 1/4 left stepping down on left, to finish facing [12:00]

Contact: Gary O'Reilly - oreillygaryone@gmail.com - 00353857819808 https://www.facebook.com/gary.reilly.104 - www.thelifeoreillydance.com Maggie Gallagher - +44 7950291350 www.facebook.com/maggiegchoreographer - www.maggieg.co.uk