Mandale

Choreographer: Amanda Rizzello (FR)

Music: Mandale - Kamaleon

Description :32 counts, 4 walls, Improver Line dance

Intro: 16 counts



S1: Mambo forward, Mambo back, Cross rock, Side rock, Behind, Side, Cross

1&2 RF Rock forward, recover onto LF, RF step back

3&4 LF Rock backward, recover onto RF, LF step forward

5&6& Cross rock RF over LF. Recover weight LF.Rock RF to right side .Recover weight LF 7&8 RF cross behind LF, LF step side, RF cross over LF

S2: 1/4 turn point X2, Step lock step, Step, Together, Shuffle

1-2 Turn ¼ right pointing LF to left, Turn ¼ right pointing LF to left

3&4 Step LF forward, Lock RF behind LF, Step LF forward

5-6 Step RF to right, Step LF next to RF

7&8 Step RF to right, Step LF next to RF, Step RF to right

S3: Side, Close, Side, Touch, Fwd Run 3X Hitch, Back Run 3X Hitch

1-2 Step LF to left, Close RF next to LF –(as you do these counts bring arms in front of chest and pop chest twice)

3-4 Step LF to left , touch RF next to LF --(as you do these counts bring arms in front of chest and pop chest twice)

5&6 Run forward R-L-R as you Hitch LF

7&8 Back L-R-L as you Hitch RF

S4: Mambo side X2 , Shuffle, Shuffle 1/4 Turn

1&2 RF Rock right, recover onto LF, RF step together

3&4 LF rock left, recover onto RF, LF step together

5&6 Step RF to right, Step LF next to RF, Step RF to right

7&8 1/4 turn L & Step LF to left, Step RF next to LF, Step LF to left

No tag No Restart !!! Have fun :)

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