## WATCH YOURSELF

64 Count 4 Wall, Easy Intermediate Level Line Dance
Choreographed by: Chris Cleevely (UK) Dec 2020
Choreographed to: "Watch What You're Falling For" by Seven Miles South
Music available from Itunes. (32 Count intro)

Section 1 (Counts 1 - 8)
Rock Forward R, Recover L; R Coaster Step; Step $1 ⁄ 4$ Turn R; Shuffle Forward L
1-2 Rock forward on $R$, recover weight on $L$
3 \& 4 Step back on R, step L beside R, step forward on R
5-6 Step forward on L , pivot $1 / 4$ turn $R$ (weight on $R$ ) (3 o'clock)
7 \& 8 Shuffle forward stepping $L / R / L$

Section 2 (Counts 9-16)
Rock Forward R, Recover L; R Coaster Step; Step $1 / 4$ Turn R; Shuffle Forward L
1 - 2 Rock forward on R, recover weight on $L$
3 \& 4 Step back on $R$, step $L$ beside $R$, step forward on $R$
5 - 6 Step forward on $L$, pivot $1 / 4$ turn $R$ (weight on $R$ ) (6 o'clock)
7 \& 8 Shuffle forward stepping L/R/L
RESTART here facing 12 o'clock during wall 3

Section 3 (Counts 17-24)
Step Forward on R, Touch L Toe Behind; Shuffle Back on L; Step Back on R, touch L Toe in Front; Shuffle Forward on L

1-2 Step forward on $R$, touch $L$ toe behind
3 \& 4 Shuffle back stepping L/R/L
5 - 6 Step back on $R$, touch $L$ toe in front
7 \& 8 Shuffle forward, stepping $L / R / L$

Section 4 (counts 25-32)
Step $1 / 4$ Turn L; Cross Shuffle; Side, Behind; $1 / 4$ L, Scuff R

| 1 | - | 2 | Step forward on $R$, pivot $1 / 4$ turn $L$ (weight on $L$ ) |
| :--- | :--- | :--- | :--- |
| 3 | $\&$ | 4 | Cross shuffle $R$ over $L$, stepping $R / L / R$ |
| 5 | - | Step $L$ to $L$ side, cross $R$ behind $L$ | (3 o'clock) |
| 7 | -8 | Making $1 / 4$ turn $L$, step forward on $L$, Scuff R beside $L$ | (12 o'clock) |

Section 5 (Counts 33 -40)
Jazz Box; ¼ Turning R Jazz Box, Scuff L
1 - 2 Cross R over $L$, step back on $L$
3-4 Step $R$ to $R$ side, step $L$ in place
5 - 6 Cross R over $L$, step back on $L$
7 - 8 Making $1 ⁄ 4$ turn $R$, step $R$ to $R$ side, scuff $L$ beside $R$ (3 o'clock)

Section 6 (Counts 41 -48)
Rock Forward R, Recover; ½ Shuffle over L Shoulder; Point R Toe to R Side, Hold; Switch \& Point L Toe to L Side, Switch \& Point R Toe to R side
1 - 2 Rock forward on $L$, recover weight on $R$
3 \& 4 Half shuffle over $L$ shoulder, stepping $L / R / L \quad$ ( 9 o'clock)
5 - $6 \quad$ Point $R$ toe to $R$ side, hold
\& 7 \& 8 Step R beside L \& Point L toe to L side, step L beside R \& point R toe to R side Restart here facing 6 'oclock during wall 5

Section 7 (Counts 49-56)
Cross Rock R, Recover L; Chasse R; Cross Rock L, Recover R; Chasse L
1 - 2 Cross rock $R$ over $L$, recover weight on $L$
3 \& 4 Chasse to the $R$ side stepping $R / L / R$
$5-6 \quad$ Cross rock $L$ over $R$, recover weight on $R$
7 \& 8 Chasse to the $L$ side, stepping L/R/L

Section 8 (Counts 57-64)
R Kick, Ball, Step x 2; R Rocking Chair (or 2 half turns L)
1 \& 2 Kick $R$ forward, touch ball of R, step forward on $L$
3 \& 4 Kick $R$ forward, touch ball of $R$, step forward on $L$
5-6 Rock forward on $R$, recover weight on $L$
7 - 8 Rock back on $R$, recover weight on $L$

## *Restarts:

Wall 3 - Restart facing 12 o'clock after16 counts

Wall 5 - Restart facing 6 o'clock after 48 counts.

## **Tag

At the end of wall 6 (facing 3 o'clock) add an extra right rocking chair.

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Youtube Link: https://youtu.be/Pg_bdNjDWaY

