

# It Makes Me Feel Good

Count: 32

Wall: 4

Level: Easy Intermediate

Choreographer: Jaszmine Tan (July 2014)

Music: Feel Good by Paperplane Pursuit

**Intro : 16 count**

**SEC 1 : Step diagonal back L Swivel heel, Step diagonal back R Swivel heel, Step L, Kick R, Touch R Behind, ¼ Turn R**

& 1 & 2	Step L diagonal back, swivel both heels out, in, out	(10.30)
& 3 & 4	Step R diagonal back, swivel both heels out, in, out	(1.30)
5 – 6	Step on L, kick R forward	(12)
7 - 8	Touch R behind, 1/4 turn R by stepping down on R.	(3)

**SEC 2 : Body move to R, L, R (Hand movement), 1/4 L Turn, Flick, R Rock Forward, recover, Coaster R**

1	Move upper body to R with R hand pointing out to R, L hand pointing downward
2	Move upper body to L with L hand pointing out to L, R hand pointing downward
3	Move upper body to R with R hand pointing out to R, L hand pointing downward
4	Move upper body to L 1/4 L with L hand pointing out to L, L hand pointing downward, flick R behind (12)
5 – 6	Rock R forward, recover on L
7 & 8	Step R behind, step L next to R, step R forward

**SEC 3 : Step L to L, Touch R behind L, 1/2 Turning L, Kick R forward Touch L to L, Kick L forward Touch R to R**

1 – 2	Step L to L, touch R behind L	
3 – 4	Step back on R 1/4 turning L, step L to L 1/4 turning L	(6)
5 & 6	Kick R forward, touch L to L	
7 & 8	Kick L forward, touch R to R	

**SEC 4 : 2 x 1/8 Paddle Turning L, Cross R over L, Cross L over R, Hip Bump (Feel Good Bump)**

1 – 2	Weight on L, Press R forward 1/8 turn L (Twice) Roll both hand roll above head	(3)
3 & 4	Cross R over L, recover on L, step R to R	
5 & 6	Cross L over R, recover on R, step L to L	
7 & 8	Hip bump R,L,R (Weight on R) , (Hand up side way R,L,R)	

**RESTART: WALL 7 – facing 6 o'clock**

**Dance up to 16 count (Sec 1 & 2) - Restart**

**Happy Dancing !**

**# You may change the hand styling but not the steps. Thank you**

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