"Country Linedancer"



Just Forget



Choreographer: Silvia Schill

Music: Forget About It by Michael Ray

Count: 32

Wall: 2

Level: Improver Line Dance

The dance begins with the vocals

Walk 2, Mambo Forward, Back 2 (with Swivels), Coaster Step

- 1-2 2 steps forward (R L)
- 3&4 Step forward with RF weight back on LF and step backwards with RF
- 5-6 2 steps backwards, turning the front toe of each foot from the inside to the outside (L- R)
- 7&8 Step back with LF, RF beside LF, step forward with LF

Rock Forward, Shuffle Back Turning $^{1\!\!/_2}$ R, Rock Forward, Shuffle Back Turning $^{1\!\!/_2}$ L

- 1-2 Step forward with RF weight back on LF
- 3&4 ¼ turn right and step with RF to right, LF beside RF
- 1/4 turn right and step forward with RF (6 o'clock)
- 5-6 Step forward with LF weight back on RF
- 7&8 ¼ turn left around and step with LF to left RF beside LF, ¼ turn left and step forward with LF (12 o'clock)

Restart: In the 2nd lap - direction 6 o'clock - stop here and start from the beginning **Restart**: In the 4th and 5th round - direction 12 o'clock - stop here and start from the beginning

Shuffle Forward Turning 1/2 L, 1/4 Turn L/Chassé L, Rock Across-Side-Cross-Side-Behind

- 1&2 ¼ Turn left and step RF to right, LF beside RF,
- ¹⁄₄ Turn left and step backwards with RF (6 o'clock)
- 3&4 ¼ Turn left and step LF to left RF beside LF and step LF to left (3 o'clock).
- 5-6 Cross RF over LF weight back on LF
- &7 Step RF to right and cross LF over RF
- &8 Step RF to right and cross LF behind RF

Side-Cross, Side, Sailor Step Turning ¼ L, Step, Pivot ½ L, Touch Forward & Touch Forward &

- &1-2 Step RF to right, cross LF over RF Step RF to right
- 3&4 Cross LF behind RF ¼ turn left, RF beside LF and step forward with LF (12 o'clock)
- 5-6 Step forward with RF 1/2 turn left on both bales, weight at end left (6 o'clock)
- 7& Tap right toe in front and step RF beside LF
- 8& Tap left toe in front and LF beside RF

Repeat to the end