

Frank frace

Choreographed by Frank Trace 32 count, 4 wall Beginner Line Dance

Music: "You Don't Know Your Lonely" by Spencer Day (122bpm) From the CD called "Daybreak". Available from iTunes and Amazon.com

Intro: 16 counts on the vocal No Tags or Restarts

RIGHT SIDE, TOGETHER, FORWARD, HOLD, LEFT SIDE, TOGETHER, FORWARD, HOLD

- 1-4 Step R to right side, step L next to R, step R forward, hold (touch)
- 5-8 Step L to left side, step R next to L, step L forward, hold

STEP FORWARD, ¹/₄ PIVOT TURN, CROSS STEP, HOLD, REVERSE ROLLING VINE, HOLD

- 1-4 Step R forward, pivot ¼ left, cross step R over L, hold (9:00)
- 5-8 Step back on L turning ¼ right, turning ½ right step R forward, turning ¼ right step L to left side, hold (9:00)
- * Easy option to counts 5-8; Step L to side, step R next to L, step L to side, hold

ROCK BACK, RECOVER, STEP FORWARD, HOLD, STEP FORWARD, TOGETHER, STEP FORWARD, HOLD

- 1-4 Rock back on R, recover onto L, step R forward, hold
- 5-8 Step L forward, slide R next to L, step L forward, hold

JAZZ BOX 1/4 TURN RIGHT, JAZZ BOX 1/4 TURN RIGHT

- 1-4 Step R over L, step L back, turn ¼ right & step R to side, step L next to R (12:00)
- 5-8 Step R over L, step L back, turn ¼ right & step R to side, step L next to R (3:00)

BEGIN AGAIN