A Single Man

Choreographer:

Daniel Trepat (NL)

July 2019



Type of dance:	32 counts 4 wall Line Dance	
Level:	Improver	
Music: Single Man by High Vall		
Intro:	Start app. 3 sec. into track	
Restart:	After 20 counts in wall 9	

Counts	Footwork	End facing
1 – 8	Chasse R, Sailor Step, Apple Jack (Option: Heel Swivels), Weave L	
1&2	Step R to R side (1), Step L next to R (&), Step R to R side (2)	12:00
3&4	Cross L behind R (3), Small step R to R side (&), Step L to L side (4)	12:00
	Turn L toes out & turn R heel in (5), Recover in place (&), Turn R toes out & turn L heel in	
5&6&	(6), Recover in place (weight ends on L)	
	Easier option: Turn R heel in (5), Recover R heel (&), Turn L heel in (6), Recover L heel (&)	
7&8	Cross R behind L (7), Step L to L side (&), Cross R over L (8)	12:00
9 – 16	Rockstep L, Weave R, Rockstep R, Weave L	
1 – 2	Rock L to L side (1), Recover on R (2)	12:00
3&4	Cross L behind R (3), Step R to R side (&), Cross L over R (4)	12:00
5 – 6	Rock R to R side (5), Recover on L (6)	12:00
7&8	Cross R behind L (7), Step L to L side (&), Cross R over L (8)	12:00
17 – 24	Chasse L, ¼ turn L, Chasse R, ¼ turn L, Chasse L, ¼ turn L, Chasse R	
1&2	Step L to L side (1), Step R next to L (&), Step L to L side (2)	12:00
3&4	1/4 turn L stepping R to R side (3), Step L next to R (&), Step R to R side (4)	9:00
Restart	In the 9 th wall restart here just add: Step L next to R (&), then start again	
5&6	1/4 turn L stepping L to L side (5), Step R next to L (&), Step L to L side (6)	6:00
7&8	1/4 turn L stepping R to R side (7), Step L next to R (&), Step R to R side (8)	3:00
25 – 32	Kick Switches L & R, Kick, Step fwd, Touch Behind, Step back, Heel fwd, Step fwd, Scuff, Step fwd, Touch Behind, Full Turn Unwind	
1&2&	Kick L diagonal R fwd (1), Step L next to R (&) Kick R diagonal L fwd (2) Step R next to L (&)	3:00
3&4&	Kick L fwd (3), Step L fwd (&), Touch R behind L (4), Step R back (&)	3:00
5&6&	L heel fwd (5), Step L fwd (&), Scuff R fwd (6), Step R fwd (&)	3:00
7 – 8	Touch L behind R (7), Full Turn L changing weight to L (8)	3:00
	START AGAIN!	