

Been Like This

Counts : 32 Wall : 4 Level : Improver
Choreographer : Hayley Wheatley - April 2024
Music : Been like this – Meghan Trainor & T-Pain

Intro : 16 counts

[1-8] OUT OUT, COASTER STEP R, CROSS STEP ¼ TURN, ¼ TURN BACK R, COASTER STEP L

12	Step RF out to R side (1), Step LF out to L side (2)	12:00
3&4	Step RF back (3), Step LF back next to RF (&), Step RF forward (4)	
56	Make ¼ turn L, stepping over RF (5), ¼ turn L, Step RF back (6)	
7&8	Step LF back (7), Step RF back next to LF (&), Step LF forward (8)	06:00

[9-16] WALK FWD R L, ROCK R FWD, ¼ TURN R SHUFFLE R SIDE, SIDE R, CLOSE L w/FLICK R

12	Walk RF forward (1), Walk LF forward (2)	
34	Rock RF forward (3), Recover on LF (4)	
5&6	¼ turn to R, Step RF to R side (5), Step LF next to RF (&), Step RF to R side (6)	09:00
&78	Step LF next to RF (&), Step RF to R side (7), Step LF next to R with flick RF and 1/8 turn to L (8)	07:30

Easier option: 5-6 Step RF to R Side (5), Step LF behind RF (6), 7-8 Large step RF to R side (7), Slide LF beside RF, closing to make 1/8 turn to L, (8) (Weight on L)

[17-24] STEP R FWD, 1/8 TURN L, ¼ TURN CHARLESTON, POINT R, TOUCH R

12	Step RF forward (1), 1/8 turn to L, Step LF forward (2)	06:00
34	Point RF forward (3), 1/8 turn to L, Step RF back (4)	04:30
56	1/8 turn to L, point LF backward (5), Step LF forward (6)	03:00
78	Point RF forward (7), Touch RF next to LF (8)	

[25-32] POINT SWITCH R&L, CLOSE L, HEEL SWITCH R&L, STEP R FWD, HEEL BOUNCES

1&2&	Point RF to R side (1), Close RF to LF (&), Point LF to L side (2), Close LF next to RF (&),	
3&4	Heel RF forward (3), Close RF next to LF (&), Heel LF forward (4)	
&5	Close LF next to RF (&), Step RF forward (5)	
67	Make 1/4 turn L as you bounce both heels (6), Make 1/8 turn L as you bounce both heels (7)	
8	Make 1/8 turn L as you bounce both heels (8)	09:00

