## Hold My Hand

Count: 64 Wall: 2 Level: Intermediate Choreographer: Nathan Gardiner (SCO) - March 2015 Music: Hold My Hand - Jess Glynne Intro: 8 counts start on vocals S1: ROCK FORWARD. RECOVER. FULL TURN BACKWARDS RIGHT. COASTER CROSS. CHASSE LEFT Rock forward on right, Recover on left 1-2 Turn 1/2 right stepping forward on right, Turn 1/2 right stepping back on left 3-4 5&6 Step back on right, Step left next to right, Cross step right over left Step left to left side, Step right next to left, Step left to left side 7&8 S2: SAILOR 1/4 RIGHT, KICK BALL STEP, ROCK OUT, CROSS, SIDE ROCK, RECOVER Step right behind left, Turn 1/4 right stepping left to left side, Step right to right side Kick left foot forward, Step ball of left next to right, Step forward on right 3&4 5&6 Rock out to left side, Recover on right, Cross step left over right 7-8 Rock out to right side, Recover on right S3: SAILOR 1/4 RIGHT, STEP 1/4 RIGHT, CROSS SHUFFLE, 1/4 RIGHT, 1/2 RIGHT Step right behind left, Turn 1/4 right stepping left to left side, Step right to right side 1&2 Step forward on left, Turn 1/4 right 3-4 5&6 Cross step left over right, Step right to right side, Cross step left over right Turn 1/4 right stepping forward on right, Turn 1/2 right stepping back on left 7-8 S4: 1/4 RIGHT WITH SIDE ROCK, RECOVER, TOGETHER, SIDE ROCK, RECOVER, SAILOR 1/4 LEFT, STEP **1/4 LEFT** 1-2 Turn 1/4 right rocking out to right side, Recover on left &3-4 Step right next to left. Rock out to left side. Recover on right 5&6 Step left behind right, Turn 1/4 left stepping right to right side, Step left to left side 7-8 Step forward on right, Turn 1/4 left S5: TOE SWITCHES, HEEL SWITCHES, ROCK FORWARD, RECOVER, 1/2 TURN SHUFFLE RIGHT Touch right toes out to right side, Step right back in place, Touch left toes to left side, Step back in 1&2& place 3&4& Touch right heel forward, Step back in place, Touch left heel forward, Step back in place Rock forward on right, Recover on left 5-6 7&8 1/2 Turn shuffle stepping Right, Left, Right S6: 1/2 RIGHT, STEP BACK, COASTER STEP, CROSS SAMBA, CROSS SAMBA 1-2 Turn 1/2 right stepping back on left, Step back on right 3&4 Step back on left, Step right next to left, Step forward on left 5&6 Cross step right over left, Rock out to left side, Step slightly forward on right 7&8 Cross step left over right, Rock out to right side, Step slightly forward on left S7: SYNCOPATED JAZZ BOX 1/4 CROSS, BEHIND, SIDE, CROSS, SIDE ROCK, RECOVER Cross step right over left, Step back on left 1-2 &3-4 Turn 1/4 right stepping ball of right slightly to right side, Cross step left over right, Step right to 5&6 Step left behind right, Step right to right side, Cross step left over right Rock out to right side, Recover on left S8: SAILOR 1/2 RIGHT, STEP 1/2 RIGHT, STEP FORWARD LEFT, 1/2 LEFT, 1/2 TURN SHUFFLE LEFT Step right behind left, Turn 1/2 right stepping left to left side, Step right to right side 1&2 3-4 Step forward on left, Turn 1/2 right Step forward on left, Turn 1/2 left stepping back on right 5-6

Restarts: On walls 2 and 5 dance upto count 32 change the 1/4 left to 1/2 turn left then restart the dance

1/2 Turn shuffle left stepping Left, Right, Left

Start Again......Happy Dancing

7&8

Contact: nathan.gardiner1998@hotmail.co.uk