## Count: 32 Wall: 4 Level: Intermediate

Choreographer: Dave Morgan (UK), Chris Atkinson, Duncan Cross \& Debbie Morgan
Music: Hold On - Wilson Phillips

## 16 count intro start on Vocal. - 3 restarts all facing 6 o'clock

## Back right, slide left, ball step, left lock step, press sweep, rock back recover, step right.

1-2 Step back on right, slide left foot up to right (12)
\&3 Step on to ball of left foot, step forward right (12)
4\&5 Step forward left, lock right foot behind left, step forward left. (12)
6-7 Press forward on right foot, recover weight left sweeping right foot around (12)
8\&1 Rock right foot back behind left, recover weight left, step right foot to right side. (12)
Rock \& 1/4, step pivot $1 / 2$ step, step pivot $1 / 2$ press, right back lock step.
$2 \& 3 \quad$ Rock left foot behind right, recover weight right, make a $1 / 4$ left stepping forward left (9)
4\&5 Step forward right pivot $1 / 2$ turn left, step forward right (3)
6\&7 Step forward left pivot 1/2 turn right, press weight forward left (9)
8\& Step back right, lock left foot in front of right ***(3rd restart, facing 6 o'clock wall)
1 Step back right (9)
Touch 1/2 turn, back right lock step,1/4 sway sway rock recover 1/4.
2-3 Touch left toe back, make a $1 / 2$ turn over left shoulder taking weight on to left foot. (3)
4\& Step back on right foot, lock left foot over right ***(1st and 2nd restart, facing 6 o'clock wall)
$5 \quad$ Step back right (3)
6-7 Make a $1 / 4$ turn left stepping left foot to left side and swaying weight left, sway weight to right side (12)

8\&1 Rock left foot behind right, recover weight right, make a $1 / 4$ left stepping forward left (9)
Step spiral, press recover $1 / 2$ sweep, basic right, basic left.
2-3 Step forward on right, spiral a full turn left (9)
4-5 Press forward on left foot, recover weight right as you make a $1 / 2$ left sweeping left foot around
(3)

6\&7 Rock left foot behind right, recover weight right, step left to left side (3)
8\& Rock right foot behind left, recover weight left (3)
Restart dance (stepping back right).

* 1st Restart on wall 2 after 20 counts facing back wall (section 3 dance up to and including count 4\&)
** 2nd Restart on wall 6 after 20 counts facing back wall (section 3 dance up to an including count 4\&)
*** 3 rd Restart on wall 8 after 16 counts facing back wall (section 2 dance up to and including count 8\&)

