## Hey Old Lover

Choreographers: Lesley Kidd \& Rob Fowler \& I.C.E. - August 2020
Counts: 32 - Walls: 4 - Level: Improver (1 Tag - Wall 3)
Music: Hey Old Lover by Kip Moore - 2m 59s
BPM: 112 (approx.) - Intro: 8 counts (approx. 5 secs)

| S1 | Walk R, Walk L, Side Rock, Recover, Step R, L Point \& Heel \& Rock, Recover | Clock |
| :---: | :---: | :---: |
| 1,2 | Walk forward R, walk forward L |  |
| \&3,4 | Rock $R$ to $R$ side, recover onto $L$, step $R$ beside $L$ |  |
| 5\&6\& | Point $L$ to $L$ side, step $L$ beside $R$, tap $R$ heel forward, step $R$ beside $L$ |  |
| 7,8 | Rock forward $L$, recover onto $R$ | (12:00) |
| S2 | Rock Back $1 / 4$ L, Recover $1 / 4$ R, Rock Forward L, Recover $1 / 4$ R, Cross L, $1 / 4$ Turn L, Step L, Cross R, Side L |  |
| 1,2 | Rock back L turning $1 / 4 \mathrm{~L}$ (to 9:00), recover onto R turning $1 / 4 \mathrm{R}$ (to 12:00) |  |
| 3,4 | Rock forward $L$, recover onto R making $1 / 4$ turn R | (3:00) |
| 5,6 | Cross L over R, step back R making $1 / 4$ turn L | (12:00) |
| \&7,8 | Step L next to R, cross R over L (angling body to 10:30), step L to L side |  |
| S3 | R Heel Grind, R Sailor, L Cross Shuffle, Step R, Together L, Hold |  |
| 1,2 | Rock fwd $R$ heel twisting $R$ toe from $L$ to $R$, recover back on $L$ | (12:00) |
| 3\&4 | Step $R$ behind $L$, step $L$ to $L$ side, step $R$ to $R$ side |  |
| 5\&6 | Step $L$ across $R$, step $R$ to $R$ side, step $L$ across $R$ |  |
| \&7,8 | Step $R$ to $R$ side, step $L$ next to $R$ turning $1 / 8 L$, hold | (10:30) |
| S4 | Cross R, 1/4 Turn R, ½ Turn R, Point L, Switch, Touch R, R Kick Ball Step |  |
| 1,2 | Cross $R$ over $L$ squaring up to 12:00, make $1 / 4$ turn $R$ stepping back $L$ | (3:00) |
| 3,4 | Make $1 / 2$ turn $R$ stepping forward $R$, point $L$ to $L$ side | (9:00) |
| \&5,6 | Step $L$ beside $R$, point $R$ to $R$ side, touch $R$ beside $L$ |  |
| 7\&8 | Kick R forward, step R beside L, step L slightly forward | (9:00) |
|  | Start Over |  |
|  | At the end of Wall 3, facing 3 o'clock, dance the following 8 counts then restart the dance. |  |
|  | R Chasse, Rock Back L, Recover R, Full Turn L, Touch R |  |
| 1\&2 | Step $R$ to $R$ side, step $L$ beside $R$, step $R$ to $R$ side |  |
| 3,4 | Rock back L, recover onto R |  |
| 5,6 | Make $1 / 4$ turn $L$ stepping forward $L$, make $1 / 2$ turn $L$ stepping back $R$ |  |
| 7,8 | Make $1 / 4$ turn L stepping L to L side, touch R beside L |  |

