## Metronome

Count: 32 Wall: 2 Level: Intermediate
Choreographer: Jean-Pierre Madge (March 2020)
Music: Bang! by AJR


Tag: here after wall number 5 then start the dance!
Step, Touch, Sweep $1 / 4$ L Behind Side Cross, Step $1 / 4$ L Walk-Walk-Walk, $1 / 2$ R Kick
1-2 Step $L$ forward (1), Touch $R$ forward (2),
3-4\&a Step R back and Sweep L doing $1 / 4 L$ (3), Step L behind R (4), Step R to R (\&), Cross L over R (a)
5-6\&7 Step R to R $1 / 4 \mathrm{~L}$ (5), Walk L,R,L forward (6\&7),
$8 \quad$ While on $L$ make a $1 / 2 R$ and Kick $R$ forward (8),
And Cross and Kick, And Cross and Kick, and Kick and Kick and Kick and Step Turn $1 / 4$ L Step.
\&1\&2 Step R to R (\&), Cross L over R (1), Step R to R (\&), Kick L to L diagonal (2),
\&3\&4 Step $L$ to $L(\&)$, Cross $R$ over $L$ (3), Step $L$ to $L$ (\&), Kick $R$ to $R$ diagonal (4),
\&5\&6\&7 Step R to R (\&), Kick L to R diagonal(5), Step L across R (\&), Kick R to R diagonal (6), Step R to $R(\&)$, Kick Left to the $R$ diagonal (7), (Your body is facing the $R$ diagonal during the kicks but your wall is 6 o'clock ) Option : As you kick $L$ to the diagonal, Raise $R$ hand up and leave the $L$ hand down, when you kick with the R do the opposite, Charleston Style !!!!
\&8\&1 Step $L$ over R (\&), Step R to R (8) $1 / 4 L$ Step $L$ forward (\&), Step R forward (1).
$1 / 4$ R Step, $1 / 4$ R Step, Cross, Rock and Cross, Kick ball Lock, Unwind $3 / 4$ L
2\&3 $\quad 1 / 4 R$ Step $L$ to $L$ (2), $1 / 4 R$ Step R to R (\&), Cross L over R (3),
4\&5 Rock R to R (4), Recover on L (\&), Cross R over L (5)
6\&7 Kick $L$ to $L$ diagonal (6), Step $L$ to $L$ (\&), Lock $R$ behind $L$ (7)
8
Unwind $3 / 4 R$ weight is on your $L$ (8)
TAG: Wall 5 after 8 counts
Walk, Walk, $1 / 2 \mathrm{~L}$, Touch
1-2 Walk $L$ forward (1), Walk $R$ forward (2),
3-4 $\quad 1 / 2 L$ and Step L Forward (3), Touch R next L (4)

## Smile and Start again! You did a great job!

