# La Movidita

**Count:** 32 **Wall:** 4 Level: Improver

Choreographer: Stella Kim (Sept. 2016)

Music: La Movidita by Thalia

## Intro: 32 counts (Whether you dance salsa style or Zumba style, let's just enjoy dance what you like)

#### SEC 1: (SIDE WITH SWIVEL, TOUCH, SIDE WITH SWIVEL, TOUCH, SIDE WITH SWIVEL, TOGETHER, SIDE WITH SWIVEL, TOUCH) X 2

RF side with LF swivel to R, LF beside RF with toe touch, LF side with RF swivel to L, RF beside 1&2& LF with toe touch

RF side with LF swivel to R, LF together, RF side with LF swivel to R, LF beside RF with toe touch 3&4& 5&6& LF side with RF swivel to L, RF beside LF with toe touch, RF side with LF swivel to R, LF beside RF with toe touch

LF side with RF swivel to L, RF together, LF side with RF swivel to L 7&8

#### SEC 2: DIAGONAL ROCKING CHAIR, SAMBA STEP, (DIAGONAL HEEL GRIND, RECOVER, DIAGONAL **BACK, FORWARD) X 2**

1&2&	RF cross rock over LF, LF recover, RF diagonal back rock, LF recover(12:00)
3&4	RF cross over LF, LF side rock, RF recover
5&6&	LF cross heel grind over RF, RF recover, LF diagonal back, RF forward(12:00)
7&8&	Repeat upper step(12:00)

## SEC 3: 1/4 TURN R WITH SIDE ROCK, RECOVER, BEHIND, SIDE, CROSS, SIDE ROCK, RECOVER, SIDE ROCK, RECOVER, 1/4 TURN L WITH SIDE ROCK, RECOVER, SIDE ROCK, RECOVER

- 1/4 turn R with LF side rock, RF recover 1-2
- LF cross behind RF, RF side, LF cross over RF 3&4
- 5&6& RF side rock, LF recover, RF side rock, LF recover
- 7&8& 1/4 turn L with RF side rock, LF recover, RF side rock, LF recover(12:00)

(NOTE: 5-8&: Push your hip in the same direction as the foot on each beat)

### SEC 4 : FORWARD MAMBO, BACKWARD MAMBO, PIVOT 1/4 TURN L, CROSS, SIDE MAMBO, TOUCH

- RF forward rock, LF recover, RF back 1&2
- 3&4 LF back rock, RF recover, LF forward
- RF forward, pivot 1/4 turn L(weight LF), RF cross over LF 5&6
- LF side rock, RF recover, LF together, RF beside LF with toe touch(9:00) 7&8&

**RESTARTS:-**

On the 5th wall, you should dance until 16 counts and start again On the 9th wall, you should dance until 24 counts and start again

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