## La Movidita

Count: 32 Wall: 4 Level: Improver
Choreographer: Stella Kim (Sept. 2016)
Music: La Movidita by Thalia

Intro: 32 counts (Whether you dance salsa style or Zumba style, let's just enjoy dance what you like)

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SEC 1: (SIDE WITH SWIVEL, TOUCH, SIDE WITH SWIVEL, TOUCH, SIDE WITH SWIVEL, TOGETHER, SIDE WITH SWIVEL, TOUCH) X 2
1\&2\& RF side with LF swivel to R, LF beside RF with toe touch, LF side with RF swivel to L, RF beside LF with toe touch
3\&4\& RF side with LF swivel to R, LF together, RF side with LF swivel to R, LF beside RF with toe touch 5\&6\& LF side with RF swivel to L, RF beside LF with toe touch, RF side with LF swivel to R, LF beside
RF with toe touch
7\&8 LF side with RF swivel to L, RF together, LF side with RF swivel to L
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SEC 2: DIAGONAL ROCKING CHAIR, SAMBA STEP, (DIAGONAL HEEL GRIND, RECOVER, DIAGONAL BACK, FORWARD) X 2
1\&2\& RF cross rock over LF, LF recover, RF diagonal back rock, LF recover(12:00)
3\&4
RF cross over LF, LF side rock, RF recover
5\&6\& LF cross heel grind over RF, RF recover, LF diagonal back, RF forward(12:00)
7\&8\& Repeat upper step(12:00)
SEC 3: 1/4 TURN R WITH SIDE ROCK, RECOVER, BEHIND, SIDE, CROSS, SIDE ROCK, RECOVER, SIDE
ROCK, RECOVER, 1/4 TURN L WITH SIDE ROCK, RECOVER, SIDE ROCK, RECOVER
1-2 1/4 turn R with LF side rock, RF recover
$3 \& 4$ LF cross behind RF, RF side, LF cross over RF
5\&6\& RF side rock, LF recover, RF side rock, LF recover
7\&8\& 1/4 turn L with RF side rock, LF recover, RF side rock, LF recover(12:00)
(NOTE: 5-8\&: Push your hip in the same direction as the foot on each beat)
SEC 4 : FORWARD MAMBO, BACKWARD MAMBO, PIVOT 1/4 TURN L, CROSS, SIDE MAMBO, TOUCH
1\&2 RF forward rock, LF recover, RF back
$3 \& 4$ LF back rock, RF recover, LF forward
5\&6 RF forward, pivot $1 / 4$ turn L(weight LF), RF cross over LF
7\&8\& LF side rock, RF recover, LF together, RF beside LF with toe touch(9:00)

## RESTARTS:-

On the 5th wall, you should dance until 16 counts and start again
On the 9th wall, you should dance until 24 counts and start again
Contact ~ E-MAIL: sktelkmh@naver.com - http://www.youtube.com/user/thetrianglelinedance

